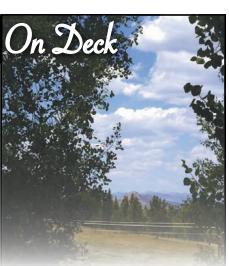


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his month's cover was taken during a I hike last month at Mueller State Park, the Dome Rock area. It was a beautiful day and the wildflowers in full bloom created a colorful landscape. Nature has so much for us if we only take the time to notice. As you look at the cover photo can you see the profile of a face in the rock? It is as though there is a guiding force overseeing the area, watching over those willing to explore the trail and stream. The pages that follow have lots to offer in our final month of summer. Get out there and enjoy it!

We thank Claudia Brownlie for her guidance and wisdom, and wish all the best as her life's path takes her elsewhere. We welcome Tatianna Ramos, the Psychic on the Peak to bring us her tutelage on the subject. Feel free to email a question and we can publish the response in the next issue.

Critter Corner needs your help! Do you have photos of indoor or outdoor animals? Share these photos with our readers by emailing utecountrynewspaper@gmail.com or send in snail mail to Ute Country News, POB 753, Divide, CO 80814. This month features a new addition to the *Ute Country* News family, Jade. He was adopted from TCRAS in Divide, and he is already playing well with the other staff. Be prepared to see many other photos of Jade in Critter Corner unless we get your photos to share!

We love to hear from you. Do you have comments, questions, or an article for consideration? Please send to us via email utecountrynewspaper@gmail.com or mail to POB 753 Divide, CO 80814.

Thank you, - Kathy & Jeff Hansen

professional work and time to make this possible.If you have any questions please contact the oublishers. **Publishers:** High Pine Design Jeff & Kathy Hansen Divide, CO 80814

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The Thymekeeper Catnip Nepeta cataria

'you've ever introduced catnip to your felines you know the obvious signs of catnip intoxication. Some cats literally turn upside down with one eye open and one half shut. At least this is the state my old cat exhibits when she's been using the nip. I call it the "nip trip" typically lasting for approximately 10 minutes and her experience seems to be one of sheer bliss. I'm quite sure she has never had a bad trip from it, however some cats turn aggressive and some appear to see trails while other cats seem to be unaffected at all. What is responsible for inducing this catatonic state in your feline? The chemical constituent known as nepetalactone.

A tale of two cats

Why do cats behave differently when given catnip? Turns out a certain percentage of cats are not affected by nepetalactone, kittens included. Some cats are affected in varying degrees from a mild euphoria to what appears to be a pretty intense trip. Can a cat overdose on catnip? Reportedly they know when they've had enough (unlike some people I know) and will refuse it at that point. There is also a period of about an hour in between each dose before they'll feel the effects again. If you live in mountain lion or bobcat territory, know that they enjoy catnip every bit as much as their relatives the house cat.

Catnip as an herb

Although most cats get very excited when they encounter catnip, it has quite a different effect when ingested by humans. Every herbal ist I know has indulged in the nip in one form or another for a variety of different reasons.

- Catnip is soothing to the digestion having a carminative and antispasmodic effect relieving gas and bloating. Catnip tea has a cooling and calming effect as well, making it useful in the case of colicky baby as well as soothing the tension headache for the parent having to deal with it!
- It's diaphoretic. Meaning it facilitates perspiration without heating up the system, useful in the case of fever.
- Because of its cooling effect it would be useful as a poultice on painful hot skin conditions such as eczema or psoriasis.
- The antispasmodic effect of catnip makes it useful for people or animals experiencing tremors.
- The tea has traditionally been used to stimulate slow, painful menses therefore should be avoided during pregnancy.

About that calming effect...

When made into a glycerin tincture, catnip will gently and safely rock you to sleep within approximately 20 minutes. I will attach a warning to this method though. Be ready for "Alice in Wonderland" dreams of epic proportion. I've made up animals in my catnip dreams and had many an adventure through unknown territories I've never seen I would also add these aren't frightening or nightmarish dreams but definitely worthy of documentation in a dream journal.

In lower doses I find catnip glycerite useful with children that have a hard time sitting still. I've given it to children who have been deemed possible ADHD, helping

to the Editor

recently read an article in your paper

Lake George Charter School

is using ground up tires to redo their

new playground. It is apparent that

the carcinogen possibilities of this

product. This crumb rubber is being

mission. Their report will be issued

later this year. I am sure the product

manufacturer will assure everyone that

it is safe, however, I think it would be

healthier for our littlest users to hold

— Carol Dominguez, Pueblo West

off until this report is issued. Buyer

Beware!

investigated by the EPA, CDC, and the

US Consumer Protection Safety Com-

no one has done their homework on

Letter

them calm down, making focus easier.

also include catnip in my herbal smoke blend "Seriously Chill" which is available at the Hemp Store in Manitou Springs or right here at The Thymekeeper.

Better than deet

Catnip has shown to be 10 times more effective than deet at repelling mosquitos. I don't include catnip in my organic bug repellent due to the high cost of the essential oil but certainly if you're outdoors and need a quick fix, bruising the plant and rubbing it on your skin would work just as well

Cockroaches and rodents are also repelled

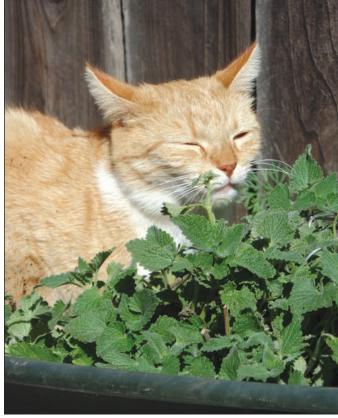
Catnip has shown to be 10 times more effective than deet at repelling mosquitos.

Easy to grow

Catnip is a perennial in the mint family. As with most mints, once catnip gets established it'll want the garden all to itself. My catnip grows taller than me and spreads far and wide every year. Some say trying to grow it from seed will yield a low turnout but that has not been my experience. I've heard if you want to get rid of catnip, give it too much water; however, I've seen it growing in wet soil, dry soil, poor soil, sunshine, shade and everything in between, somehow finding its way across my entire greenhouse and out to the backyard. Native to Europe and Asia, it became naturalized in the United States by the colonists in the 1600's. I have seen it growing wild in the city but suspect it probably escaped someone's garden.

Give your catnip plenty of space so your cats can roll in it without destroying other plants around it. If you're worried about the neighborhood cats decimating your crop, take heed: There's an old wives tale that says "if you set it, the cats will get it, if you sow it the cats don't know it." Meaning if you grow it from seed they typically won't bother it, however if you transplant it, chances are you'll bruise the plant thereby activating the constituent they crave. With a cat's ninja like sense of smell, it only takes one part per billion in the air to alert them of its presence. To keep catnip from taking over, simply plant it in a pot and cut the flowers before they seed.

Place catnin around your pa



Some cats are happy in the catnip patch.

tion during mosquito season, chill the heck out with a cup of catnip tea and enjoy the rest of your summer.

To make catnip tea

Simply collect the upper third of the aerial parts of the plant. Hang in bundles away from light and heat to dry. Once the leaves are dry, simply crunch them up and steep in hot water at a rate of one heaping teaspoon per cup. Do not boil the leaves as it will destroy the desired active constituents.

How to make a catnip glycerite

Gather the leaves fresh and cut them up into a mason jar. Leave about 2 inches from the top. Using vegetable glycerin, combine equal parts glycerin and water. Pour over the leaves until slightly covered. Shake every day for a month. Strain into another container. Store in dark bottles in the refrigerator. Glycerin tinctures have approximately a one year shelf life.

Mari Marques-Worden is a Certified Herbalist and owner of The Thymekeeper. For questions or more information contact: Mari at mugsyspad@aol.com or 719-748-3388 or 719-439-7303. Mari is available for private consultation or private classes.

Note: Mari will be taking the months of September and October off to catch up on some much needed projects, hoping to return for *November's issue of the* Ute Country News.

Upcoming Thymekeeper Events

The Thymekeeper will be selling plant starts and products at the Farmers Market at The Outpost Feed & Ranch Supply 18129 CR 1 in Florissant. Time and weather permitting, The Thymekeeper will be selling our products at this weekly (Fridays) event through September.

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Mountaindale on the Tarryall

by Linda Bjorklund

Tarryall Road extends from the town of Jefferson on U.S. Highway 285 about 41 miles to the southeast, ending at Highway 24. Also known as Park County Road 77, the road follows the Tarryall Creek through a scenic part of the mountains of Colorado. A number of historic ranches and towns were established along the Tarryall, one of them being the Allen Ranch, which is located about 23 miles from the beginning of the road.

The story of the Allen Ranch begins with William M. and Mahala Sheldon Farnum. William was born in Rhode Island in 1816. He met and married Mahala in 1837. William learned of the California gold rush in 1849 and was lured to the west to try his luck. He made the trip to San Francisco on a ship named the Barque Rhodes, that sailed to California by way of Cape Horn. He didn't strike it rich in California and decided to return home to Rhode Island overland, with a stop in Pueblo on the way back.

The Farnums relocated to Two Rivers, Wisconsin, in 1852 and their family grew to include three boys and two girls. Still bitten by the gold rush bug, William again headed west in 1859, when gold was discovered in Colorado. Although again unsuccessful in making a killing in the gold fields, William found where he wanted to make a home for his family. The oldest daughter, Charlotte, had married Anson Allen and remained in Wisconsin, but the rest of the family all headed west by ox team in 1863. Along the way one of the oxen was lost and had to be replaced with a large shorthorn cow. She came with a heifer calf. This was the start of the Farnum cattle ranch alongside the Tarryall Creek.

The Farnum family settled at their ranch in 1867. Their first home was a small cabin with a cellar in the rear, both having dirt roofs and dirt floors. The cellar served as a storage area for food stocked up for the winter season. Tables in the cellar included containers full of wild raspberries and gooseberries.

Ute Indians frequently traveled through the area. A nomadic culture, the Utes roamed back and forth throughout the mountains, going where the food seemed most promising. One day Mahala stood in her doorway, watching a band of Indians heading south, as they usually did in the fall of the year. She was surprised when she heard loud noises coming from her cellar. Soon a young brave ran past her through the doorway of the cabin, not stopping until he reached the other

Indians. He had evidently either fallen or climbed through the air hole in the roof of the cellar and was surprised to find himself in a dark cave amidst strange looking furni-

ture. In about 1870 a young Navaho Indian boy appeared at the ranch and asked to stay. The Farnums found out later that

he had been stolen from his own people by Mexicans somewhere in southern Colorado. A man named Tappan had traded a sack of flour for the youngster and named him Luna. The boy ran away from Tappan and found the Farnum Ranch. William and Mahala took him into their already crowded household.

Meanwhile, back in Wisconsin, Charlotte and Anson Allen corresponded with her parents on a regular basis. Anson Alonzo Allen had been mustered into the service in 1862 to serve with the Wisconsin Volunteers for the duration of the Civil War. He was mustered out in 1865 and returned to his wife in Wisconsin, where he resumed his trade as a carpenter. Ready to start anew. Anson had his wife Charlotte ask her father what the prospects were in Colorado for either carpentry or ranching. William Farnum replied to his daughter, "It is a fine country here. There are plenty of wild game and nearly all of the creek and river valleys are fertile." He indicated that the gold could not be plucked from the bushes, but, with hard work, they could be successful.

The decision made, Anson and Charlotte packed their personal belongings and



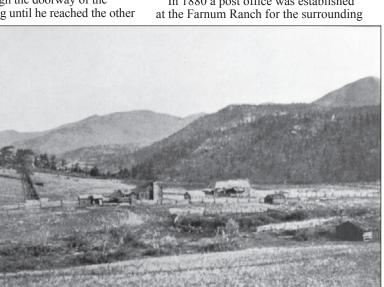
House on the Allen Ranch. Photo credit Steve Plutt

boarded the train with their five children, headed for Denver. They arrived at the Farnum Ranch in September, 1870. That winter the small cabin supported six Farnums and seven Allens during the winter months. The next spring Anson set out to build a bigger house for his in-laws.

Then he settled his own family on a ranch nearby and began to build a home that was to become known as the Allen Ranch. They moved into their new home in 1871, shortly after their son, Walter, was born. Anson was busy clearing land, building fences and ditches, breaking land for crops and general ranch work. He took jobs building houses and barns and started raising a small herd of cattle. Another daughter, named Charlotte after her mother, was born in 1875. In 1877 baby girl Dollie Laura, was born on Christmas Dav.

That year the Farnums went to Colorado City so their younger boys could attend school there. They left the Indian boy, Luna, with the Allens. When they returned in 1878 they found that Luna had died of pneumonia and was buried in the small Farnum family cemetery. The cemetery eventually was also to be the resting place for two-year-old Dollie Laura Allen, as well as two of the Farnum boys, Frank and Walter.

In 1880 a post office was established



The Farnum Ranch across Tarryall Creek. Photo credit Park County Local History Archives

area known as Mountaindale, with William Farnum as postmaster. During those years the Ute Indians continued to pass through the area at various times. Occasionally they would stop and visit. Charlotte recalled that a fairly well-known Ute chief named Chief Washington, visited at least twice and sat in the middle of their living room floor, as his people were camping in the area.

She recalled one instance when a brave came to the door asking for food. He expressed an interest in the butter that she had been churning and she obligingly wrapped up a ball of it into a cabbage leaf. She wondered what he thought when he later tried to retrieve the butter from inside his shirt and almost certainly had to have found it melted.

In 1883 the Farnum's only remaining son, Edmund, passed away after a debilitating illness, leaving William and Mahala alone on their ranch. In 1885 Anson Allen began building a saw

mill. He tried using a wooden water wheel to power the mill, but replaced it with an iron turbine wheel that had been used in the mines in Hamilton. The saw mill was successful and Allen used it to saw lumber and

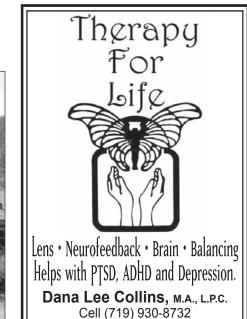
shingles besides raising crops. William's health began to fail, so the Farnums moved to Colorado Springs in 1886. The Mountaindale post office was moved to the Allen Ranch in 1887, with Charlotte as postmistress. Toward the end of 1888, the Fairplay Flume reported that William Farnum had suffered an injury when he fell into the cellar of his home in the Springs. At the age of 75 years, he was unable to recover, and passed away in December. The newspaper acknowledged that William Farnum had been both a 49er and a 59er, showing his adventurous spirit during his youth.

Charlotte Allen served as the Mountaindale postmistress until 1896. By then a town was established a few miles down the road that was named Puma City. A post office was opened in the town and named Tarryall. The original town of Tarryall had been next to the old gold mines at Hamilton near Como, but was long since abandoned. The name was thus available, so Puma City became

The Allen children married and moved away, except Walter, who remained on the ranch. Anson became ill with a 'severe case of the grippe' in 1911 and passed away at the family home. All six of his living children were with him for his final moments.

Walter was living with his mother on the ranch in 1914 when he married Virginia Terry, a teacher at the Tarryall School. Virginia had lost the use of her leg when she was very young and wore a wooden leg. Walter kept the Allen Ranch even after his mother died in 1931. Both of the Allen parents are at rest at the Lake George Cemetery located at the end of the Tarryall Road. There have since been several other owners of the Allen Ranch, but the old home is standing yet. It is recognizable by its asphalt siding resembling brick that was added to keep out the cold winter winds.

This historic ranch, along with a number of other ranches, towns and cemeteries along the Tarryall Road will be featured in a new Tarryall Road Guide, now being written and developed by the Park County Local History Archives. Road construction is underway for about nine miles of the road, but a picturesque drive (on a weekend to avoid traffic delays) is a rewarding step back into time.



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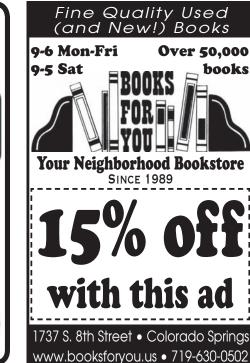


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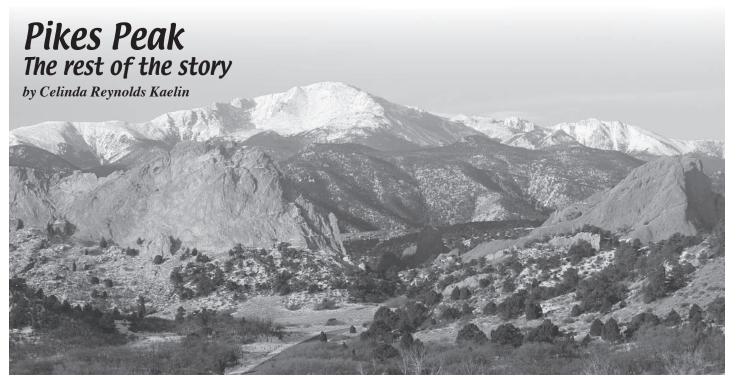
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lone butte of the Sierra Almagre (Red Earth Mountains), but never climbed it. Zebulon Pike wasn't successful in climbing it in 1806, but the mountain became his namesake after he wrote about it. Edwin James and two others finally succeeded in climbing it in 1820 as part of their explorations on the Long Expedition. They were the first white men of record to successfully ascend its 14,150 foot summit. Another first was achieved in 1858, when the intrepid Julia Archibald Holmes found the "most romantic of places," the summit of Pikes Peak. She went down in history as the first woman to do so. But aren't we missing something here? Did history only begin when Europeans entered the region?

The early Spanish called it a "cerro," or

Artifacts and oral histories provide a deeper, ancient history of the First Peoples and their relationship to America's Mountain. Numerous, exquisitely worked arrowheads give silent testimony to the Clovis people whose culture disappeared about 13,000 years ago. They were succeeded by the Yuma and Folsom people who also left their signature; 12,000-year-old Folsom

points, tipi rings, and campsites in the Pikes Peak region. Finally, our historic records note the presence of the Ute Nation whose ancestral lands include Utah, Colorado, and Northern New Mexico. They are perhaps the only First Nation that does not have a migration story; instead, they say that they were created on Pikes Peak.

Tava, or "sun," is the Ute word that was given by these first people to the mountain that we now call Pikes Peak. The band of Ute people who called the Pikes Peak region their home was the Tabeguache, meaning the People of Sun Mountain. Within Ute cosmology, it was understood that the people belonged to Mother Earth. Therefore, when strangers met, they asked one another "What land do you belong to?" Therefore, the people took their name from the land; the Tabeguache Band took their name from the sacred mountain, Tava. Within this same context, when they were later relocated to western Colorado by treaty in 1868, they became Uncompaghre (literally "akapaagaruri", or the People of the Red Water.)

When the Spanish invaders negotiated treaties with the American Indians, they always insisted that the various bands of each nation come together and designate a single chief, or "capitan general" in order to simplify negotiations. Among the Aztecs, the word for "chief" and the word for "sun, or light" were the same. This convention also seems to apply among the Utes (who speak a dialect of Aztec), with the words tava (sun) and tavavh (also tawavh, or chief) both having the same root stem. Therefore, it is not surprising that the Spanish utilized the name from their Ute informants for Pikes Peak as El Capitan (chief).

Within Ute cosmology, God/Great Spirit was an energy that is within everything and throughout the universe. Certain places are power points for this energy, much as in the eastern convention of chakras. There are four main energies: Earth, Air, Water and Fire. Sun embodies the energy of fire, and this is the force of energy at Pikes Peak. Therefore, it is Sun energy, Tava. Some historians call the peak Tabakaiv or Tabatzhaiv, Mountain of the Sun. It would be more correct, in the context of Ute cosmology however, to say Sun Mountain.

Ute Indians left their cultural imprint everywhere on Tava. There are at least a

half dozen of their Medicine Wheels on its slopes, complemented and bounded by hundreds of culturally modified trees. One bristlecone pine tree (perhaps 4,000 years old) was shaped by the Utes into a Prayer Tree as a sapling, and stands sentinel for the First People just below the summit of Tava. Close by, a petroglyph, etched in granite. bears the name of Tava — an eagle (symbol of the sun) bearing a sun sending rays to the four directions. Each year for the past 17 years, a delegation of the Tabeguache Ute returns to their ancient Sun Dance grounds near the summit for ceremony. Ancient Ute wiciups and sleeping platforms dot the area around this ceremonial site. Tava is where their People were brought to life by Great Spirit, and remains a sacred site.

How can we ignore over 13,000 years of history, and call this mountain "Pikes Peak"?

- William Wroth, Editor, Ute Indian Arts & Culture (Colorado Springs Fine Arts Center, 2000). Also, Ute Dictionary (Ignacio, CO, Southern Ute Tribe, 1979). On the other hand, the name "Ta-Wa-Ah-Gath" for Pikes Peak comes from a book by James McChristal. ((James McChristal. Pikes Peak: Legends of America's Mountain). McChristal sites a document at Mueller State Park for this name. However, officials at Mueller deny that any such document exists, or that McChristal ever contacted them.)
- Interview, Clifford Duncan, Tabeguache cultural liaison, 3/10/98, author's collection. Also, Powell, John Wesley. Powell, John Wesley. Fowler, Don D. and Catherine S., Ed. Anthropology of the Numa Washington, D.C.: Smithsonian Institution Press.
- · Elizabeth A.H. John, Storms Brewed in Other Men's Worlds (Oklahoma, University of Oklahoma Press, 1996).
- Miguel Leon-Portilla, Aztec Thought and Culture (Oklahoma, University of Oklahoma Press, 1990).
- Dr. Linda K. Watts, Native American Cultural Resources in the Pike and San Isabel National Forests and Comanche and Cimarron National Grasslands: Site Features Present and Recommendations Concerning Protection and Preservation (National Park Service and U.S. Forest

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Saturday, August 27 The 18th Annual Oreat Divide Kite Flight The 6th Annual Divide Wide Yard Sale 9:00am - 3:00pm at Summit Elementary 9:00am - 1:00pm **SELL YOUR STUFF** at Hayden Divide Contact Joe Kain, Ancestral Arts **Community Park** 687-2278 for Booth Space

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Bailey slash site.



CUSP Slash Sites A new slash site to open in Bailey

by Coalition for the Upper South Platte

In an effort to help homeowners mitigate fire fuels on their properties, CUSP has been in the "Slash Site Business" since 2003. Initially CUSP helped Teller County run the site in Divide, providing volunteers, outreach, and promotion. Then, in 2007, Teller County Administrator Sheryl Decker sat down with CUSP Forester Marti Campbell to strike a deal that would best leverage county resources while providing this valuable service to residents, without taking a hit to the county budget. Teller County would continue to provide a facility and CUSP would come up with an equitable funding model that, through CUSP's management, would make the facility sustainable.

The site has proven to be a great asset for Teller County. The Divide Slash Site (located on the SE corner of Highways 24 & 67 in Divide on Hybrook Rd. South) is a seasonal operation, open Fridays, Saturdays, and Sundays typically from May through October. The site has been successful not just because it gives people a place to bring their slash, but also because helps to raise awareness about fire danger and the steps we all can take to protect our homes, properties and neighborhoods.

Business at the Divide Slash Site is pretty consistent, serving about 600 patrons a year with more robust participation occurring in drought and fire years. Residents have come to depend on the site as they plan annual defensible space projects and many people come to take advantage of free mulch for various projects and uses.

In 2012, CUSP in partnership with Park County and the Park County Land and Water Trust, opened the Fairplay Slash Site and Sort Yard. This site works in cooperation with Park County School District Re-2 to provide renewable biofuel for their LEED certified high school building's biomass furnace. The Fairplay site, located at the Fairplay Waste Transfer Station and just east of NW Fire off Hwy 285 on the hill behind the Aspens, is open on Saturdays, May through October and serves more than 100 patrons each year.

CUSP doesn't only collect slash at these sites; CUSP also collects data. In 2015, at these two sites combined, patrons brought in 2,343 loads of slash. This translates into almost 100 private acres treated with homeowners dedicating about 10.000 hours of labor to these mitigation

projects. This data is used to generate maps that provide details of where work is being done, how far people are travelling to use sites and to generate information that helps guide the planning process for opening new sites. This information is also used when CUSP goes to funders to demonstrate community impacts and involvement and this data strengthens and enhances grant applications and reports.

In 2015, at these two sites combined, patrons brought in 2,343 loads of slash. This translates into almost 100 private acres treated with homeowners dedicating about 10,000 hours of labor to these mitigation projects.

In partnership with Park County, and in response to public need and interest, CUSP will be opening and managing a newly completed slash site, this one in the northern end of the Upper South Platte Watershed near Bailey at 195 County Road 72. This five-acre site is scheduled to open on Friday, August 5, 2016 and will be open Fridays, Saturdays, and Sundays from 9 a.m. to 3 p.m. It will be closed on Sunday, September 4th for the Labor Day holiday. Depending on weather, the site will most likely remain open through the end of October. You can learn more at BaileySlashSite.com.

CUSP is excited about this new site and we know that the surrounding community is also eager for it to open. We've had help getting the site ready for operation from Teens Inc. TeamWorks crew and from our stellar board member Swithin Dick as well as volunteers Kent Eader and Kevin Winkelmann — kudos for a job well done and many thanks to all who have helped to make it happen!

New monthly music series at the **Woodland Park Senior Center**

Take a break from the ordinary. The Woodland Park Senior Citizens Club will feature musicians from around the Pikes Peak region playing Bach to the Beatles and everything in between!

The first (very) mini-concert will be "Gershwin After Lunch" performed by Bob Dunn (clarinet) and Barb Riley-Cunningham (piano) on Tuesday, August 23rd, at 12:30. The charge. (Donations are always appreciated to support Senior Center operations.)

Future performances will feature musical groups from Pikes Peak Community College, professional brass, wind and string ensembles based in Colorado Springs, concert previews by the Ute Pass Chamber Players, and local Country Western and rock music performers. The series is being made possible in part by the acquisition of a new piano for the Senior Center, through the combined generosity of performance is open to the public and free of the Ute Pass Chamber Players, the Pikes Peak Community College Music Department, and Clark Wilson, Piano Technician.

FYI Back to School Picnic 2016

 $F^{\text{amily \& Youth Initiatives (FYI) will hold}}_{\text{a Back to School Picnic on Monday,}}$ August 29th at the Buena Vista Riverside Pavilion (East Main Street). Free fried chicken will be served from 6 p.m. until 8 p.m. or while supplies last. Please bring a dish to share. Games and activities will be provided for all ages. This event is free and

Family & Youth Initiatives is a prevention division within Chaffee County Health and Human Services and is comprised of Nurturing Parenting, Chaffee County Mentors, Youth @ Crossroads, and the Community Partnership for Families. FYI's mission is to ensure Chaffee County families are the "Safest, most healthy, and self-sufficient in Colorado."

Please visit us at http://chaffeecountyfyi.org.









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A Mountain Seed: Cold nights

f it hasn't already been happening, Palisade peaches and Olathe corn should be rolling into the grocery stores, farmer's markets, and roadside stands anytime now. Often, there will be an old farm truck parked next to Walmart with a cardboard sign that reads, "Palisade Peaches" or "Olathe Corn" and there will probably be quite a few people outside waiting to purchase some of these delicious fruits and vegetables.

I have never been to Palisade or Olathe but I know that their produce is the sweetest and tastiest around. My family would seasonally buy both of these when I was growing up and we would rarely ever have any peaches or corn other than peaches from Palisade or corn from Olathe.

I was at a friend's house once when I was about nine years old and her mom bought us both peaches. I was so excited. I thought and dreamed about my peach on our way home from the grocery store. I reveled in how tasty it would be, how sweet...

We arrived at home and we raced inside so we could devour the peaches. I took mine in my small hands and gingerly touched its fuzzy skin and tender meat. Lifting it up to my mouth, I took a bite. It was not sweet. It was not sweet at all. I looked at my friend and thought she had played a trick on me, giving me a pear or some other awful fruit instead.

But it was a peach. Deep burnt orange fading to golden yellow, it was most definitely a peach.

The only difference was that it was not a Palisade peach. The same thing has happened to me with corn. These two produce items, along with Rocky Ford cantaloupe, are unique in how they grow. The environment around Palisade, Olathe, and Rocky

The summer days are hot. The nights, on the other hand, are pretty cold for summertime. Here in Oklahoma, it rarely gets below 70 Fahrenheit at night in the summer. It is more often 75 to 80 degrees at night than anything else. Palisade, on the other hand, has an average nightly temperature of 55 to

The hot days and the cold nights make for sweeter produce. The chilly nighttime climate helps to produce more sugars and that's why it's sweeter or so I've been told

There are some things that you can't eat that are made better by cold nights and hot days. One of those things is swimming in a lake. Lake Navajo in southern

Colorado straddles the border with New Mexico. It's basically in the middle of the desert and it's a large lake filled with pike, catfish, crappie, and other fish. There are many house boats and fast motor boats and jet skis and pontoons. Every summer my church would take the youth group there for camp and we would spend the entire day on the lake doing whatever we wanted. Whether it was fishing, swimming, floating, boating, water skiing, or sitting on the beach, we had fun.

My favorite thing to do was just sit in the water or swim in the dark, murky green water. The first time I got in, though, I was pretty surprised. It was so hot out, probably 100 degrees. As a kid, I ran to jump into the lake, and as soon as my toes touched the water, the muscles in my tense legs relaxed and I almost fell down. They did not want to jump.

So I waded up to my ankles. I waded a little further. It was freezing. Other kids were in the water already, but they were screaming, "It's so cold!" and this was true.

The water was frigid. To my mind, that didn't make any sense. It was super-hot outside, so the water should be pretty warm right? Then I had to explain to myself that when I went to bed at night, my sleeping bag was extremely warm, and so was the ground, but when I woke up the next morning I had to wear a hoodie and jeans and drink hot cocoa because it was so cold outside. Therefore, the lake must fluctuate in

hesitation, grab their floats and leap into the water with a splash. I must say that I felt like a dog when it hesitates to jump into the water, pacing back and forth along the edge, deciding whether or not to follow. I was sure it was going to be freezing cold

made for cold water, which (after I finally

jumped into the water) was a wonderful

remedy for hot days. Cold nights made

thing for the first time: warm, southern

southern lake.

lakes. Before I go any further, I must say

This past weekend, I experienced some-

that Oklahoma isn't exactly southern, but it

is plenty hot and plenty humid and is sort of

considered to be the south. So, it is a warm,

My friend owns a house on the banks of

there just to swim. It's pretty deep and there

Grand Lake. There is a dock at the shore

are crappie hotels under the dock and not

too far away there are catfish lines. It was

beautiful but hot. With a heat index of 110,

Timothy, Jackie, and I walked down the

stairs to the dock and crossed the bridge to

floaty beds (not the ones you use in a small

pool) and a large Stingray tube for pulling

the water and both he and Jackie, with no

behind a motor boat. Tim throws the tube in

the platform. Inside the shed, we grabbed

the sun beat down viciously.

near the house and she often goes down

sweeter days. Just like those peaches.

They kept saying that it was warm and should just jump in. So, I did, and I was surprised. The water was as warm as

Even when my legs sank down low into the water, it was still pretty warm. It was weird. For this mountain girl had never experienced natural water that was that warm. It was at once pleasant and disturbing. It felt

My body didn't have to get used to the water, shivering until my body acclimated, and that was nice. At the same time, though, there's a sweetness that comes with coldness. There is no such thing as a truly cold summer night here. No cold breeze creeps down from the peaks at night, washing the valleys in a sweet chill. It does not retreat back into the hills when the sun rises again the next day. I do not have to wear a hoodie when I go out at night, or jeans. I can wear flip flops and shorts and a tank top and never be cold unless I walk inside of a Wal-Mart.

However...I find myself yearning to pull that hoodie over my head and grab some long socks to put under my boots. I find myself wanting to grab that warm blanket even though I don't need it, just because that's what I grew up with and it's what I want. I dream of cool, dry mountain air and the Milky Way Galaxy and all of the stars, the flying peaks speckled with

Hot days make things fun. Cold nights make things sweet.

Murder and dinosaurs Historical records tell their story by Steven Wade Veatch

 $R_{\mathrm{Paso}}^{\mathrm{ecently}}$, historical records from the El Paso County Assessor's office provided information about a 100-year-old murder confession, and the Assessor's and Treasurer's records helped return a lost set of El Paso County dinosaur tracks to the annals of science. These are two of the records-based discoveries Steven Veatch made while tracking down a set of dinosaur footprints that he found.

photo by S. W. Veatch.

Veatch gave these examples to a meeting of the Board of County Commissioners to demonstrate how an efficient record-keeping system can provide information in the most unlikely situations, and emphasize the importance of cost-effective digitization of significant county records.

More than a century ago in El Paso County, John Spicer scribbled a murder confession in pencil on the unfinished back of a piece of window molding. Spicer, who was building this home in 1899 in Fountain, Colorado, nailed the molding to the wall. The confession remained there, unseen for almost a century. In his confession, Spicer described the murder of John Sebastian in March 1893. Spicer revealed that he clubbed to death John J. Sebastian "four miles north of this city and two miles east of the foot of Chevenne Mountain." for \$5,000 in cash and jewelry. The body was never found, but the 19th century murder confession, hidden in the Fountain house, was found in 1986 when the home was remodeled by the current owner. The 4th Judicial District Attorney's Office investigated the confession and could not establish the date of the confession, but they were able to use the El Paso County Assessor's historical records to determine that the house was built in 1899, six years after the murder date on the back of the wood molding.

In another records-based discovery, Veatch related to the Commissioners he was investigating dinosaur tracks near the El Paso and Pueblo County line. During

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a search of archival records at the Colorado Springs Gazette, he learned that dinosaur tracks had been recovered in 1904 at the Merit ranch by a famous Colorado geologist, Arthur Lakes. Lakes enlisted the help of Winfield Scott Stratton, the Cripple Creek Gold King, to excavate the tracks. The archival record from the newspaper showed that the tracks were placed in the natural history museum at Colorado College. The museum was

Veatch brought a microfilm copy of the 1904 Gazette article to Paul Myrow, a geology professor at Colorado College. After reading the article, Myrow

closed in the 1970s, and

its collections scattered

to museums around the

remembered the lost dinosaur tracks. He led Veatch to the exact site where they are now located at Colorado College. Myrow was pleased to learn the provenance of the tracks. Veatch's next step was to confirm the

location of the historic Merit ranch so the exact discovery site would be known. A search of historical records from the El Paso County Assessor and Treasurer revealed this information. These rediscovered tracks generated

considerable interest in the paleontological community. Martin Lockley, a dinosaur track expert at the University of Colorado

El Paso County government records were instrumental in revealing the significance of these dinosaur tracks.

this track site at Colorado College. The tracks were mapped and a fiberglass mold was made in order to make several casts of the dinosaur tracks. Veatch, Lockley, and Beth Simmons, a professor at Metropolitan State College wrote a paper on these tracks that was presented at the Society of Vertebrate Paleontology's Annual Meeting in Austin, Texas.

It was through historical records that these lost dinosaur tracks were discovered again and are now a part of the scientific literature and will never be lost again. Preserving historical records is a crucial mission. You never know what stories they hold or what light they may shed on





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One Nation Walking Together A team's name in question

by Kelsey Comfort

as Native Americans

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It's hard to believe that football season is already upon us. Preseason is here, and so returns the Sunday routine of putting on your jersey, enjoying some game day snacks, and screaming at the television.



Though football is a favorite pastime among many Americans, the NFL is no stranger to controversy. This May, a long-running controversy was put in the spotlight once again after *The Washington Post* published an article that stated that nine out of 10 Native Americans are not offended by the Washington R*dskins' name. The poll was: "conducted by randomly calling cellular and landline phones. It asked questions only of people who identified

were polled; *The Washington Post* polled American Indians who live both on and off

themselves as Native Americans, they were

first asked, "The professional football team

that name offensive, or doesn't it bother you?"

Several follow-up questions were then asked. The poll's findings came as a bit of a surprise

considering the Washington R*dskins have re-

and mascot. Many advocates for changing the

mascot have raised concerns about the authenticity of the poll. Of the 504 people polled, 56

percent said they were not currently enrolled as

Suzan Harjo, the lead plaintiff in the first

case challenging the team's trademark pro-

tections, expressed concerns about the large

number of "self-identified" Natives. "People

say they're native, and they are not native, for all sorts of reasons," Harjo said.

Additionally, writer C. Richard King of

Indian Country Today wrote that The Wash-

ington Post failed to discuss other previous

studies that prove many Native Americans

Cherokee post-doctoral fellow Adrienne

Keene at Brown University compiled an ar-

chive of nearly 6,000 Native Americans who

Director of the Center for Indigenous Peoples

Bernardino James Fenelon's (Dakota/Lakota)

small study found that the majority of tribally

are against the slur (Indian Country Today).

Studies at California State University, San

find the name offensive.

a member with a Native American tribe.

ceived increasing pressure to change their name

in Washington calls itself the Washington R*dskins. As a Native American, do you find

reservations. After respondents identified

themselves as Native When a person tells American, after being asked about their ethyou that you hurt them, English Dictionary denicity or heritage" (The you don't get to decide Innes "r*dskin" as an American Indian" but Washington Post). People who first that you didn t. identified themselves

Ñ comic Louis C.K. noun that is "dated or

Webster defines the term as "American Indian." but additionally states that the term is "usually offensive."

enrolled Native Americans oppose the name (Indian Country Today). Neither of these

studies was discussed in the Post's article.

The origin and definition of the term

reported that, "according to Smithsonian historian Ives Goddard, early historical

records indicate that 'R*dskin' was used as

a self-identifier by Native Americans to differentiate between the two races." Through-

out the 1800s, the term was used by Native

The Washington Post reported that the first unchallenged use of the word occurred in

Americans during negotiations with the

French and later the Americans (npr.org).

1769 when a British lieutenant colonel trans-

lated a letter from an American Indian chief.

But the word also has a derogatory his-

tory. On Sept. 25, 1863, the term r*dskin

was used in "The Winona (Minn.) Daily

increased to \$200 for every red-skin sent

Republican" in an announcement that stated,

"The State reward for dead Indians has been

to Purgatory" (The Washington Post).

Today, the Oxford

classifies the word as a

offensive." Merriam-

"r*dskin" is under some debate. NPR

Though R*dskins owner Daniel Snyder has previously released a statement saying that, "The Washington R*dskins team, our fans and community have always believed our name represents honor, respect and pride," studies have shown that Native mascots can be harmful to young people (The Washington Post).

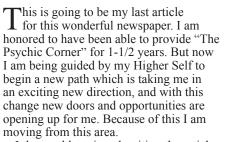
In 2005, the American Psychological Association (APA) called for an immediate end to all Native American mascots, symbols, images and personalities. The position was based on the growing research that shows the harmful effects of racial stereotyping and inaccurate racial portrayals on the social identity and development and self-esteem of voung American Indians (apa.org).

If this writer may insert her own opinion, the comic Louis C.K. is often quoted as saying, "When a person tells you that you hurt them, you don't get to decide that you didn't." That's it folks. If someone tells you that the team's name hurts him or her, then it has to go. You don't get to have a debate about if a name offends people or hurts their feelings. It's just not even debatable. We know for a fact that the name is hurtful and harmful to multiple people, and that's all the evidence we need to prove that this name has to change.

Editor's note: We thank Kelsey for this article. her willingness to research several sources, and mostly for sharing the use of "r*dskin" is a way to censor the offensive term.

The Psychic Corner Changes

by Claudia Brownlie



I thoroughly enjoyed writing the articles many of you have read over the months, and I have enjoyed being of service by providing private psychic consultations to those of you who reached out to me.

Though this column is coming to a close, my psychic services certainly will not. As always, I can be reached through the contact form on my website or by telephone. (Contact information is listed below.) I wish you all the very best in all that you

do, and may that which you dream, wish and pray for manifest in your lives. May your highest purpose in life shine forth.

Have a wonderful rest of the summer! Off



I go ... onto another grand adventure!

Claudia Brownlie is a Colorado-based Professional Psychic Intuitive Consultant and certified Life Coach, serving clients locally and world-wide. Telephone and Skype video chat appointments are available. Claudia also provides classes and lectures, and offers psychic reading services tailored for corporate events and private parties. For more information please call her: 719-602-5440 or visit her website: ClaudiaBrownlie.com.





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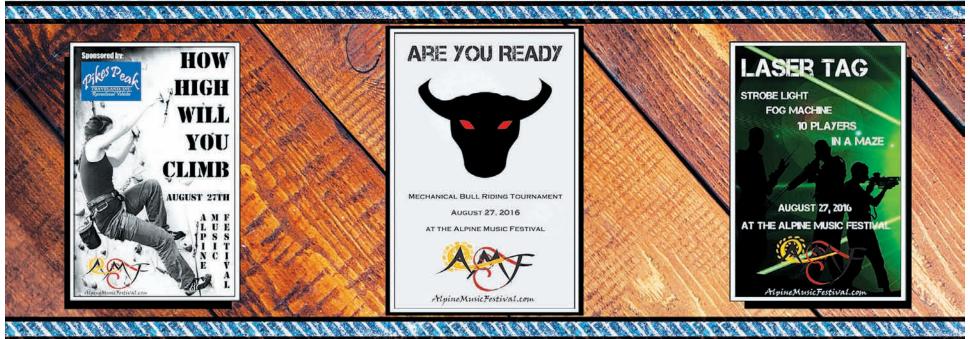
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Seeds to Sprouts

Family Summer-Swimming Sense-Part III

by Maren J. Fuller, MSM, CPM

Real information on everything from conception to age two

As modern parents, we are buried in information from countless sources on every parenting topic from how to eat and exercise during pregnancy to how to encourage a child's love of learning and everything in between. My hope is that the information contained in this column will help bring attention to important topics and provide valuable resources for parents to make educated decisions and/or learn more if they wish. Nothing in this article should be considered a substitute for medical advice, common sense, or your own research and is written for informational purposes only. Please enjoy!

Swimming can be a fun summer activity for the whole family and is an excellent skill for everyone to learn both for safety and health. With the warm weather you might be setting out on a water adventure with your family and have questions about the safety and health factors associated with swimming during pregnancy and early parenting. We hope this helps!

Can I swim while pregnant?

The short answer is: Yes, please do! Swimming is a fantastic type of exercise

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for you, your baby, and in preparation for birth. Especially when the weather is hot and many women suffer with increased swelling, dehydration, and tiredness due to the warmth, even just sitting in water can help alleviate some of these discomforts. If you have the ability to submerge most of your body in the water and either swim or just walk in the water, it's even better! Your circulation will increase, swelling will decrease, pain in your back and ligaments will lessen, and your baby will find the best position possible before birth. You'll also get the benefits of cardio exercise which is great preparation for birth

Some women worry about the chlorine and other possible germs that may be in a public pool. Most pools work very hard to keep their chemicals at the right level where they can kill the bugs but not be overwhelming or harmful. But you can ask or check them yourself if you're worried! In natural water sources, like ponds, rivers, and lakes you should be very careful to not get the water in your mouth and to shower well after swimming to be sure you aren't exposed to disease-causing organisms like Giardia (a parasite that can cause intense diarrhea). Make sure that children also know not to



drink water from natural sources!

Just after having a baby is NOT a good time to go swimming. You should wait at least 6-12 weeks before swimming to make sure that you are healed from birth and that your body is ready for exercise. Check with your doctor, midwife, or health care provider if you have questions about when it's okay to start swimming again.

How early can my baby learn to swim?

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baby used to the water as early as possible — but safely, and not in a pool! Babies live in water up until the day they are born and usually enjoy having their bodies in warm water even as very young infants. For very small babies, try getting in the bath with them, cuddle them close and just softly trickle warm water over their head and body to get them used to the feel of water.

If you decide to take your young baby to the pool, make sure that it is heated. Babies have lots of surface area on their bodies which means that they can get cold much faster than adults or older children. Also make sure the baby is not swallowing the water because the chemicals in pools can harm the baby's internal balance. After swimming, be sure the bathe your baby and moisturize their skin to combat the drying effect of chlorine. All babies and young children should wear swim diapers to be sure that they do not have a bowel movement in the pool. Until you are sure that toilet training is a complete success, put a swim diaper on your child just to be safe!

At around six months of age, you and your baby can enroll in infant swimming lessons with a certified instructor. These infant lessons can be invaluable for teach ing your baby a love of water and excellent skills to use in the pool. Babies at this age can more naturally learn to submerge safely in water without inhaling or swallowing while "swimming." These classes are meant to involve parents and are teaching the adults as much as the child! At about two to three years old, you can look into more advanced swim instruction (still with a parent or caregiver present) and continue building on those skills

Remember that even with early instruction, this does NOT mean that your baby or toddler is ready for unsupervised swimming or bath time. Babies and children can drown quickly and easily in a very small amount of water. Never "throw your baby in the pool" or leave a baby or child alone near a pool or other water. Swimming is a skill that will be learned only after many years of practice!

So get in the water, stay safe, and have a great time swimming this summer!

Resources and suggestions for further reading & support:

- Dr. Sears on exercise in pregnancy: http:// www.askdrsears.com/topics/pregnancychildbirth/pregnancy-concerns/exercising-
- Dr. Sears on infant swimming: http://www. young-for-the-pool
- FitPregnancy.com prenatal pool workout: http://www.fitpregnancy.com/exercise/ prenatal-workouts/make-splash
- Swimming and pool safety for the family: http://www.askdrsears.com/news/searsfamily-blog/dr-jim-sears-swimming-pool-

Interested in meeting other local, likeminded parents?

- Join the Colorado Mountain Birth & Parenting Network on Facebook at: https:// www.facebook.com/Coloradomountain-
- Visit Maren's website: www.Community-MidwiferyCO.com

Ouestions? Comments? Suggestions for future columns? Please send them to: utecountrynewspaper@gmail.com

Maren Fuller is a mother, a midwife, an educator, and an activist dedicated to finding support, providing education, and building community for Colorado families during pregnancy, birth, and early parenting. She and her family live on a small homestead in Florissant, CO.



Seated (L to R): Robert Weisbrod, Matthew Graham, Pat Jenkins, Lori Kramer, Lisa Ashley. Standing (L to R): Dorothy Archuleta, Ashley Willhite, Ron Bobo, Mark Risinger, Facilities Manager Dan Christianson, Team Leader John Dickson, Michelle Leach and Teddie Sterle. Missing from photo: Rodney Ommen, Rosemary Renslow, Nathan Snider, Michael McCurdy.

HRRMC's environmental services technicians earn certification

 $F^{\text{ifteen environmental services (EVS)}}_{\text{employees at Heart of the Rockies}}$ Regional Medical Center recently became Certified Healthcare Environmental Services Technicians (CHEST). The CHEST program sets national standards specifically for EVS technicians working in healthcare.

The Association for Healthcare Environment recently launched this new certification program, which is backed by the American Hospital Association. The CHEST program was established using focus groups and a comprehensive nationwide job analysis of a healthcare EVS technician's responsibilities. It covers all aspects of a frontline worker's typical tasks and accountabilities.

CHEST training workshops are comprised of 24 hours of required classroom instruction. Environmental services technicians must then pass a written exam to earn the

CHEST designation.
"I believe we are one of the first hospitals in the nation to make this certification mandatory for all team members," said EVS Team Leader John Dickson. "This is a great program and everyone has learned a lot more about disinfection, waste handling, floor care, linen handling, infection prevention, safety and communication in the healthcare environment I am very proud of all our EVS team members for taking the CHEST course and passing the test. They put a lot of time an effort into this."

Through proper care and maintenance of the healthcare environment, EVS technicians play an essential role in patients' experience of care, as well as ensuring patient safety and satisfaction. This program has the potential to make a positive impact on infection rates, costs, quality of care, patient experience and outcomes.

Diane Beaumo

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Lake George Gem and Mineral show

This show has taken place since 1999 and this year the show will be Friday, August 19 through Sunday August 21. The show is off US 24 just east of the Lake George Post Office. The dealers pay a fee but entry and parking is free to the public. Net proceeds after expenses from the show are used for donations of college scholarships to Park/Teller County students and for supporting volunteer college student summer interns at the Florissant Fossil

The LGGMC maintains a booth near the entrance to give mineral specimens to kids and to try to help the public with rock, mineral and fossil identification. Our Club has an emphasis on educating adults and kids about earth science and is a Non-Profit corporation. We do have a formal youth education program.

We open to the public at 9 a.m. and close to the public at 5 p.m. We advertise and support the other events in the Lake George area the same weekend: the Tractor Pull, the Lake George County Library Book Sale and the Volunteer Fire Department Saturday night fundraising spaghetti dinner. Contact John Rakowski 719-748-3861 for more information.

Florence 2nd Saturday Art Walk

Florence art galleries present a 2nd Saturday Art Walk, August 13 from 4 p.m. to 8 pm. Seven galleries will feature works by local and regional artists, refreshments, demonstrations by the artists and live music in the galleries and on the street.

These participating Florence galleries on Main Street from east to west are: The Blue Heron, on the north side of the

200 East block, features the western and wildlife paintings of Rudl Mergelman and other realist painters as well as woodcarvings, weavings and pottery.

On the south side of the street, the Royal Contemporary invites everyone to a reception for Mix It Up, an exhibit of contemporary mixed media. Meet the artists and enjoy refreshments.

Down the block is A Florence Gallery offering the unique contemporary two and threedimensional work of several local artists and featuring the oil paintings of David McKean.

The Barn and Barrel located in the center of the 100 block of Main Street, features paintings and demonstrations by resident artist Tom Lockhart.

The Blue Frog Gallery, Florence's new-

est studio/gallery is upstairs in the middle of the block. Ed Penner the owner and resident artist, with several other artists represented, will be demonstrating.

Blue Spruce Art and Antiques nestled between the old Hotel Florence and the Rialto Theatre on the 200 West block, features the painting, photography, sculpture, glass, and fiber art of 20 Colorado artists. Currently, Blue Spruce is hosting their annual Miniatures Show.

Next door, the Rialto Theatre will feature tours of the old theatre now undergoing major renovation, an exhibit of historic photos, and homemade ice cream.

At 5:30 p.m., the Bell Tower Cultural Arts Center at Petroleum and 2nd Street will serve BBQ and root beer floats, a new local tradition, followed at 7 p.m. by a country music concert featuring Evelyn Roper. Enjoy the Contemporary Wall Hangings exhibit in the gallery as you listen to the music.

Come walk the Art District of Florence on August 13 from 4 p.m. to 8 p.m. and 2nd Saturdays every month through the end of the year. Florence is located on Highway 115, 35 miles south of Colorado Springs, between Pueblo and Canon City, just off Highway 50.

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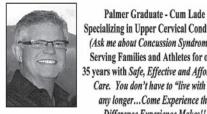
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Ed Snell Memorial Walk/Run **Fundraiser**

by Flip Boettcher

The 36th Annual Ed Snell ▲ Memorial 10K Walk/Run Fundraiser will be held on Saturday, August 20th. The starting line is at Cohen Park in Fairplay and the finish line is at the Alma Stone Church at Highway 9 and Second Street in Alma at an elevation of 10,587 feet.

Registration and check-in for the race starts at 8 a.m. at the Alma Stone Church on the day of the race with transportation provided to the starting line in Fairplay. All participants must check-in to get their assigned numbers. Early registration is available online before August 4.

Walkers will start at 9 a.m. and runners will start at 10 a.m. Any challenged participants will be starting at 8:30 a.m. Awards will be given. Lunch, all donated, prepared and served by volunteers, will be available at the finish line.

The race began in 1979 in the winter, when one friend challenged his friend to a race from a bar in Fairplay to Alma's Only Bar. The race took place on the highway from Fairplay to Alma. The winner's name has been lost to history, but the loser had to buy the beer.

The race grew each year from there and was dedicated as a fundraiser to help local individuals and families in times of need. The race was named after longtime Alma native Ed Snell, 1905 – 1975. Snell was a

iner, geologist and helper

Race management has been passed around the community, but Erik Swanson, a nephew of Snell, and his wife Beth of Fairplay's Rimfrost Antiques now manage and sponsor the event. All funds raised go to charity except for the annual T-shirt for the event.

For the last

For the last several years said Beth, the race management group has been under the blanket of the

501(c)3 non-profit Alma Foundation. The funds from the first race went to a local child and her family who were in financial difficulty because of high medical bills. Over the years funds raised have gone to help pay for medical bills, propane, gas, rent, and grocery costs which top the list, said Beth.

Funds also went to a successful liver transplant, car repairs, and a dream trip to see the ocean for a terminally ill young man. This year's recipient, four year old Bella, is undergoing surgery and chemotherapy for cancer.

For more information about the race, to make a donation, or to register for the race, visit the website: www.almafoundation.com/ events. Any questions please call Rimfrost Antiques: 719-836-4832 or visit them at 441 Front St. in Fairplay.

Small business owners must protect their futures

Tf you're a small-business owner, you think a lot about today. Is your cash flow sufficient ... today? Are your products and services competitive ... today? Are you confident in your marketing and advertising efforts .. today? Because you are so focused on today, you may be neglecting a key aspect of

tomorrow — your retirement. Specifically, do

you have a good retirement plan for yourself? Given that your personal finances are so tied up with your business, your plans for the business will obviously greatly affect your financial situation when you retire. Whether you want to transfer the business to another family member, sell it outright to someone else, or possibly just wind it down, you'll need to plan ahead and consult with your legal and tax advisors.

However, you can take steps now to help ensure you can enjoy a comfortable retirement. You have access to a variety of retirement plans appropriate for small-business owners, including these:

Owner-only 401(k)

This plan, also known as an individual or a 'solo" 401(k), is available to self-employed individuals and business owners with no full-time employees other than themselves or a spouse. As the owner, you can contribute to your plan as both an employer and an employee; your total contribution limit for 2016 is \$53,000 or \$59,000 if you are 50 or older.

SEP IRA

If you have just a few employees or are self-employed with no employees, you might consider a SEP IRA. You'll fund the plan with tax-deductible contributions, and you must cover all eligible employees. (Employees themselves cannot contribute.) You can contribute up to 25 percent of compensation, up to \$53,000 annually. (Contri-

butions for a self-employed individual are limited to 25 percent of compensation minus one-half of self-employment taxes.) You can fund your SEP IRA with many different types of investments. Plus, you can establish a SEP IRA for 2016 until April 17, 2017.

Defined benefit plan

Pension plans, also known as defined benefit plans, have become less prevalent in recent years, but you can still set one up for yourself if you are self-employed or own your own business. This plan has high contribution limits, which are determined by an actuarial calculation, and as is the case with other retirement plans, your contributions are typically tax-deductible.

SIMPLE IRA

As its name suggests, a SIMPLE IRA is easy to set up and maintain, and can be a good plan if your business has fewer than 10 employees. Still, while a SIMPLE IRA may be advantageous for your employees, it's less generous to vou, as far as allowable contributions, than an owner-only 401(k), a SEP IRA or a defined benefit plan. For 2016, your annual contributions are generally limited to \$12,500 or \$15,500 if you're 50 or older by the end of the year. You can also make a matching contribution of up to 3 percent of your compensation.

You need to establish a SIMPLE IRA between Jan. 1 and Oct. 1 of any year. In fact, if you'd like to set up any of the retirement plans we've looked at, don't delay. The sooner you open your plan, the more years you will have to contribute and time is often an investor's best friend.

This article was written by Edward Jones for use by Tracy E Barber IV, AAMS, your Edward Jones Financial Advisor

Inner Fitness now open

The South Park Chamber of Commerce was delighted to introduce Inner Fitness as last I month's Business of the Month. Owner, Trude B. Lawson opened her massage therapy practice June 1st at 520 Front Street inside The Last Tangle Salon and Spa. She is a licensed massage therapist, Reiki teacher and Yoga instructor who has practiced in Northern Virginia and the DC metro area for over 25 years. Her clientele included war veterans, cancer survivors, and many people with sleep issues. Her Reiki classes were often presented in veterinary clinics helping animal lovers connect more deeply with their charges

Trude was born in Norway, and came to the US in the late 1960s. Last fall she moved to Colorado to be near her family. Here in the high country she enjoys yoga both at Open Sky Yoga and at the Rec Center, cross country skiing, gardening, kayaking, and dancing.

Trude joins many great massage therapists in Fairplay. As part of her own holistic wellness regime, she gets a massage every week. She believes helping people become pain free and more flexible is wonderful work. To that end, Trude also teaches Korean Yoga at the South Park Rec Center. In order to support the community and her business she became a

member of the South Park Chamber of Commerce.

Please feel free to contact her by phone 703-889-0294 or email trudeblomso@yahoo.com

St. Victor's Church City of God in the city of gold

by Kathy Hansen photos by Jeff Hansen

The doors of St. Victor's Church in Victor, ■ Colorado had opened to the public on Saturday, July 16 after being closed for five years. It was as though this building had been patiently waiting for an opportunity to welcome the people of the community.

One might expect that any building lying dormant for that long would show signs of abandonment or disrepair, but that wasn't true. There was no damage, either from environmental forces or miss-guided stones cast astray. There were no leaks in the roof, no signs of rodents taking residence, no vandalism or gang markings. It is as though this building has been shielded with a protective force.

That very force began with the intention of the first parish priest, Father Edward J. Downey who felt it was his mission to build the City of God in the city of gold. He formed the parish within the mining community as the church was actually built by the miners themselves. It is said that the communion of saints built the church out of love and faith, the identity of the miners.



The details entice, drawing attention to the symbolism represented within which is accented by the stained glass windows, and the Stations of the Cross.

Father Downey was very sensitive to the long laborious hours the miners worked prior to helping with the church at day's end. Father Downey believed his builders (the congregation) needed time to sleep and rejuvenate, maybe spend a minute or two with the family, more than the church needed a steeple, so he decided the church would not have a steeple. St. Victor's Church was dedicated on September 27, 1903, completely debt free. The people of the area now had a place to worship, simple as it was.

Some of the adornments came later and it was well worth the wait. The artisans who

crafted the sanctuary were amazing as the sanctuary was carved from wood and painted to look like marble. The details entice, drawing attention to the symbolism represented within which is accented by the stained glass windows, and the Stations of the Cross. The sanctuary work likely began during Father Neenan's time as parish priest. Father Neenan is also responsible for the side pews and for introducing congregational

St. Victor's seemed to thrive right along with the economy of the times, and as such was also impacted as those tides turned. The great depression hit the area hard. The parish priest during those times was Father Hagas who could be seen going to work in the mines with his wheel barrow and shovel. It was his way of keeping

the church solvent during such trying times. The dedication to this church is amazing. The walls resonate with hope, light, and love. St. Victor's continued to be an active parish until it's closing in 2011, when the Friends of St. Victor's formed with the goal of maintaining and preserving this sacred place.

The Friends of St. Victor approached the City of Victor and set forth a proclamation. It reads, "Proclamation The City of Victor does hereby proclaim St. Victor's Catholic Church to be a sacred place in the community. The presence of St. Victor's Catholic Church in Victor & the surrounding hillsides since March 17, 1895, is an enduring testament to the beatitudes lived out in this community. 'I was hungry and you fed me, I was thirsty and you gave me drink, I was homeless and you gave me a room, I was shivering and you gave me clothes, I was sick and you stopped to visit, I was in prison and you came to me. Therefore, the City Council of The City of Victor in regular meeting assembled in this City of Victor on the 13th day of October, 2011, hereby proclaims its unyielding support of the continuance of St. Victor's Catholic Church in this community.'

This was an important step in assuring the church would not be relegated to profane use. The next step was to get the Diocese on board. Mary Bielz was the perfect candidate to face the male dominated hierarchy to make the request. After all, how different can it be from approaching the powers-thatbe when presenting a grant request for the Aspen Mine Center? The answer lies in the



The artisans who crafted the sanctuary were amazing as the sanctuary was carved from wood and painted to look like marble.

sincerity of the heartfelt request as St. Victor's was intended to serve the community. Going forward, the Friends of St. Victor's Catholic Church intend to preserve and maintain this sacred place through evangelization and ecumenism through apostolic outreach (reaching out to other faith-based groups). The goal is to follow the model set forth by the Pauline Chapel at the BroAdmoor, where interdenominational services are held including weddings, memorial services, and even baptisms.

"It will also be a hub for Spiritual enrichment, learning about forgiveness, and cultural activities that direct us to the eternal and immortal," said Mary Bielz

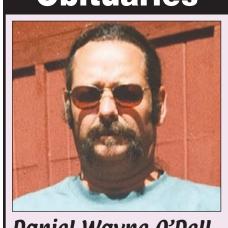
Mary went on to say there is a group hoping to use St. Victor's basement for an Early Headstart infant and toddler care program, which would be a wonderful opportunity for the youngest members of this community.

The tour in July was very well attended. The Friends of St. Victor's Church collected \$1,200 which was matched with \$300 from the Victor Heritage Society, raising a whopping \$1,500.

Reflection upon the history of this sacred space helps one to appreciate the power of the original intention of this magnificent place, appreciate the communion of saints, and realize the continuing needs of a community ready to be served within these holy walls.

If you would like to be more involved with the Friends of St. Victor's Church, or are interested in scheduling a wedding, memorial, or other service, you may contact Mary Bielz at 719-287-8532 or email mary@aspenminecenter.org.

Obituaries



Daniel Wayne O'Dell "Danny"

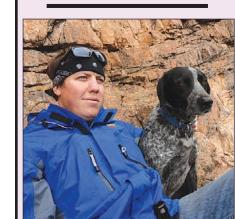
Our beloved son, brother, uncle, and friend sadly passed away on Sunday, July 10, 2016, near Conifer, CO. He was born in Ventura, CA on August 26, 1957 to Bob and Colleen O'Dell.

He spent his childhood in Clovis, CA where he graduated from Clovis High School in 1975. He attended Reedley Colege and Cal Poly. Danny moved to the Auberry foothills where he worked for the United States Forest Hot Shots, PG&E, and John Harmon Enterprise. His current mployer was Woodland Park Middle school. His love for the mountains led him to Colorado. It didn't take him long to fall in love with the area and found imself calling Florissant home. He loved taking off on his Harley for a ride with his best friends, Kevin and Barbara.

Danny is survived by his parents, Bob and Colleen; sisters, Debbie Barklow, and husband Pat, and Patti Bass and susband Tim; as well as three nieces; two nephews; seven great-nieces and greatnephews; extended family and friends.

An Open House Memorial was held at the home of Bob and Colleen on July 30, and a Public Memorial was held at the Thunderbird Inn in Florissant on July 21 No funeral service was held.

In lieu of flowers, please make donaions in his name to the Wildland Fireighter Foundation, wffoundation.org.



Thadius David Pittenger

Thadius (Thad) David Pittenger was born March 3, 1982, in Buena Vista, CO. He died in an auto accident on July 6, 2016 near Cripple Creek, CO in his favorite jeep.

Recently he worked as an ed perator for a local homebuilder. Prior o that, he managed equipment workers in the oilfields in North Dakota, and also worked as a foreman for a large construction company in Colorado Springs.

He loved his dogs, and the outdoors including mountaineering, caving, camping, and four wheeling. He recently started a side business welding and fabricating many items including flag poles and memorial crosses.

Thad is survived by his parents, David nd Barbara Pittenger, siblings Darius Stephanie) Pittenger, Micah (Miranda) Pittenger, Naomi (Jason) DeMello, and Anna Pittenger, all of Colorado Springs, CO. He has many extended family members, Aunts Uncles and Cousins, Nieces and Nephews throughout the Country. He had many friends and family that loved him.

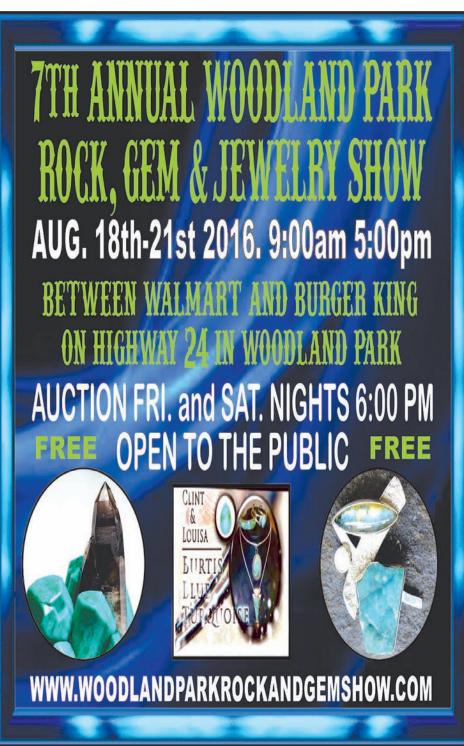
He was always there to help a friend or amily in need. The strength and graciousness with which he supported others was admirable. He could be larger than life, and it has been said, we only meet omeone like Thad once in a lifetime.

Thad is pictured with his dog Jack. Thad had another dog (not shown) Pike.

Cool off in Cripple Creek at the Newmont SCEV Gold Mine Visitor Center 371 E Bennett Ave (B.P.O. Elks Building) Cripple Creek, CO Open Daily from 10:00 to 4:00 X Learn about modern gold mining 719-689-2341 **NEWMONT...**

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Lake George Cemetery Walk

by Flip Boettcher
photos by Flip Boettcher

Sadly, the Lake George Cemetery was started in 1872 with the burial of Cooper Smith, the infant son of early area homesteaders Ed and Nannie Smith. The second burial was that of Elizabeth, the year old daughter also of Ed and Nannie, born in November, 1873 and died in December, 1874.

As was typical of early homesteaders, the Smiths laid their children to rest on the small hill overlooking the homestead on the South Platte River, in a scenic valley just northwest of Lake George on the old Ute Indian trail from Colorado Springs through South Park.

The Smith's homestead site is now a part of the lower section of the active Lake George Cemetery, owned by Park County, where approximately 240 people are buried.

About 20 people joined Park County Cemetery Board members Kim Plutt, Shelly Achord, and Steve Plutt, also our tour guide for a walk around the lower section of the cemetery. Steve will be conducting a tour of the upper, mostly older part of the cemetery next year, he said.

Park County owns four cemeteries throughout the county, in Bailey, Como, Shawnee and Lake George, according to Kim Plutt. The cemetery board was established about 40 years ago to administer the cemeteries, she added. One can still be buried in the Lake George Cemetery. One needs to be a resident of Park County and there is a charge.

One of the interesting people interred at the cemetery is William Johnson, a bugler in the Civil War, who it seemed, led a dual life with a wife in Missouri and a wife in Cripple Creek, both named Louise. According to records, Johnson would leave his Missouri wife for up to six months at a time, presumably for work.

Johnson must have left both wives when he took up the life of a hermit near Lake George. All these details came out in an investigation when the Missouri wife filed for William's army pension.

Another interesting couple at the cemetery is Ben and Juanita Barr. Juanita's parents are buried in the upper section of the cemetery. The Barr's were noted for their "poor man's soup" consisting of water, grease, salt and pepper. Pioneering was a rough, lonely way of life.

The Stoll family, Joseph (born in 1872 in Germany) and Frances, were famous for their potatoes called "Stoll potatoes." The Stoll's were able to raise 20 tons of potatoes on five acres, according to records, and probably made some good money. Stoll Mountain is named after them.

Another Lake George and Florissant pioneering family in the cemetery, whose relatives still live in the area today, two of whom went on this cemetery walk, are the Quist's. Uncle Ollie Quist helped with the building of the Colorado Midland rail road through Eleven-Mile Canyon. There is still an old rail road section house and a stone



The Lake George Cemetery on the hillside behind the sign.

The upper section is up to the right.

with the rail road worker's names scratched into it now located on Camp Alexander's property, the Boy Scout Camp, in Eleven-Mile Canyon.

The Caylor family had a ranch near Rocky in the 1870's in Eleven-Mile Canyon. A Post Office was established there in 1874. The Caylor's are buried in the Lake George Cemetery. There was a cemetery at Rocky. All but two of the grave sites there remain, the others were relocated. The graves still at Rocky are those of John Badger and John Addleman.

Badger must have been well known because many land features are named after him including Badger Mountain, Badger Creek, and Badger Gulch.



Headstone of the first two interred at the Lake George Cemetery, infant Cooper and year old Elizabeth Smith, children of Ed and Nannie Smith.

Addleman, murdered in 1863 by Felipe Espinoza, is famous for being one of six men killed in Park County by the "Bloody Espinoza Gang", who killed more than 30 pioneers in Colorado in 1863.

Addleman's place was very remote, being the only house between Colorado City and Tarryall, some 120 miles. Addleman's body was found shot about 100 yards from the house with his boots taken and the house ransacked, according to records.

In September 1863, frontiersman Tom Tobin tracked down Felipe and his cousin Julian Espinoza and brought their heads in a bag to Fort Garland, Colorado, ending the gang's bloody reign of terror throughout the area.

This also ended our tour of the cemetery. To see these gravesites and many more, visit the Lake George Cemetery located ½ mile north of Hwy 24 on CR 77.

DIVIDE CHAMBER OF COMMERCE Spotlight on the Divide Chamber

Each month we feature our new and renewing members of the Divide Chamber of Commerce. Please consider joining the Divide Chamber and you can see your business name listed here in future issues www.dividechamber.org.

- Ute Pass Historical Society: 719-686-7512 or www.utepasshistoricalsociety.org. Historic buildings, exhibits, artifacts, photographs, tours & gift shop. Pikes Peak Museum and History Park are located on the Woodland Park Public Library campus.
- Stop-n-Save Gas & Hunt Brothers Pizza: 719-687-6343 or www.stopnsave.com. Modern convenience store with Hunt Brothers Pizza, quality Conoco fuel and clean restrooms
- United Country/Timberline Realty: 719-687-3678 or www.timberlinerealtyinc.com. Real estate sales for homes, land, ranches & cabins.
- Black Dog Excavating: 719-687-2697 or www.blackdogexcavating.com. Residential and commercial asphalt paving, repairs, seal coating and striping.
- Ute County News: 719-686-7393 or www.utecountrynews.com. Free monthly paper dedicated to sharing the good news about living in the mountains, including health tips, history, recreation, and current events.

Loaf 'N Jug helps Little Chapel Food Pantry

by Kathy Hansen photo by Jeff Hansen

elly Nieto and Debbie Porter are passionate about two aspects of their lives; they both enjoy working at Loaf N Jug (Division #6) and they're both dedicated to volunteering at Divide's Little Chapel Food Pantry. This year, they spear-headed the fundraising campaign with such vigor their efforts won First Place among Loaf N Jug's 24 Divisions, earning an extra \$1,500 yielding a check for \$6,072.17. The check was presented to Ken and Judi Hesselberg, Executive Director and Assistant Director, respectively, of the LCFP on Thursday, July 21, 2016.

There are eight stores within Loaf N Jug Division #6, most of which are in Colorado Springs. The managers, employees, and volunteers coordinate their efforts each year. They sold t-shirts and candy in addition to the donation jars for spare change. This year's effort will include funds raised at their Garage Sale Booth during the Alpine Music Festival to be held in Divide on August 27. (See page 11 for more details about the Alpine Music Festival).

Kelly and Debbie have over 10 years combined experience volunteering at LCFP. They know one in five children do not know where their next meal will come from, if it comes at all. They are aware there are 3,000 people in Teller County and the surrounding area that lack adequate access to food. Some familiar faces are their customers, neighbors, and friends. "Volunteering is such a rewarding experience; a chance to give back to our community," said Kelly with a grin spanning ear to ear. Be sure to visit the Loaf N Jug Garage



Debbie Porter, AJ Jimenez, and Kelly Nieto present a check valued at \$6,072.17 to Judi and Ken Hesselberg for the Little Chapel Food Pantry.

Sale booth at the Alpine Music Festival on August 27. If you cannot make the festival, feel free to visit LCFP website at www. littlechapelfoodpantry.org or call 719-322-7610 or email littlechapelfoodpantry@ outlook.com to make your donation or to volunteer. See page 35 for August distribution dates. The LCFP is located at 69 County Road 5 in Divide, Colorado.

Small stream and beaver pond fishing

by Jeff Tacey

Let's hit the head waters of the Arkansas and South Platte Rivers and get away from the crowds on the bigger lakes.

First up is the Jefferson Lake off of US Highway 285 by Jefferson. There are rainbow, brown, brook and lake trout swimming here. The real bonus is Jefferson Creek and the beaver ponds below the lake, here you can keep 10 additional brook trout under eight inches as in most beaver ponds or small streams areas. This rule is in effect because of the over population.

Next up is Rich Creek and Rough and Tumbling Creek off Weston Pass, also off US Highway 285. This area requires a hike of one to 16 miles. It is a loop trail through the Buffalo Peaks Wilderness area. There are about 100 beaver ponds in this area with a lot of brook and greenback cutthroat trout. Put the cuts back as they're the state fish, but keep the brook trout.

Just west of Buena Vista are North Cotton-wood Creek, Kronke Lake, and Bear Lake; all are the in the Collegiate Peaks Wilderness area. Fish the lakes for Greenback cutthroat trout. On your hike out fish the deeper holes in the creeks. Try night crawlers under a bobber, if legal. Woolly Buggers and Pistol Petes also work well. Small Mepps Agila and Panther Martins catch eager fish.

Check the 2016 Colorado Fishing guide for all rules and regulations.



The VIPs were out in full force at the ribbon cutting for Forest Ridge in Woodland Park.

Forest Ridge opens

by Kathy Hansen photo by Jeff Hansen

Abrand new skilled nursing and rapid rehabilitation/recovery center named Forest Ridge opened its doors for a VIP reception on July 29, 2016, on the west side of Woodland Park. The Woodland Park Chamber of Commerce held a ribbon cutting, after which tours of the facility were offered.

The facility has four neighborhoods, with 20 beds each, all private rooms with private bathrooms including a shower. Their rehabilitation center is fully staffed offering physical therapy, occupational therapy, and speech therapy. They are currently offering rehabilitation services seven days per week. Services can include electrical stimulation, ultra-sound, and full cardio workout.

For more information contact Jo Lutz, Marketing Director at 719-399-0205.

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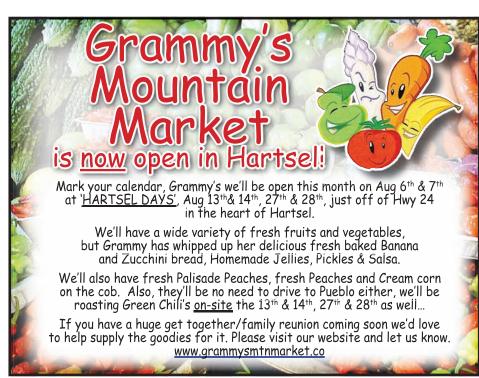
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Up and down Hybrook Road South, children and adults will be flying kites all morning long, like these folks during the 2015 Great Divide Kite Flight. Photo by David Martinek

With four events scheduled in Divide on Saturday, August 27, the day will definitely be active, exciting, and fun-filled. Saturday morning kicks off early with the

5th Annual Paws in the Park 5K Trail Run/ Walk sponsored by the Teller County Regional Animal Shelter (TCRAS) and its corporate sponsor, the Petco Foundation. The race, starting at 7:30 a.m., begins and ends at TCRAS, located at 308 Weaverville Road in Divide, and extends along a southerly course which includes the Hayden Divide Loop Trail. The entry fee for adults is \$30 and for children aged six to 12, \$25. Children five and under are free. The entry fee for teams of four is \$120. All well-behaved, leashed pets are welcome! For more information and to register, visit the TCRAS website at www.tcrascolorado.org, or call 719-686-7707. Some great prizes are in store for the winners. All proceeds benefit the animals at

Following the Paws in the Park race, the Divide Chamber of Commerce will be sponsoring two events, both beginning at 9 a.m., but in different locations.

The first is the umpteenth annual Great Divide Kite Flight held on the hill overlooking the Hayden Divide Loop Trail on Hybrook Road South. For years, the kite flight has been giving elementary school-aged kids, and their parents and grandparents, a chance to experience the joy and thrill of guiding a kite through the sunny morning sky, wind and weather permitting. Up and down Hybrook Road, from the playground parking lot to almost the water tower, children and adults will be flying kites most the morning against the beautiful backdrop of Pikes Peak and Raspberry Mountain (FYI Hybrook Road will be closed to through-

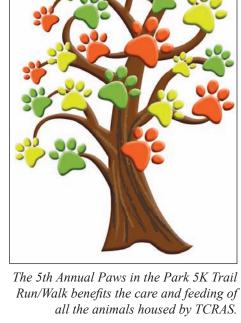


The 2016 Divide Wide Yard Sales will be held in the Summit information, go to www. Elementary parking lot from 9 a.m. until 3 p.m. Photo by alpinemusic fest.com or

traffic between those points during the event). The kites are free and are provided by Lee Taylor and Edward Jones. The event ends around 1 p.m. with a drawing for a new bicycle, sponsored by David Martinek and Flood Realty

The second chamber-sponsored event is the annual Divide Wide Yard Sale, being held from 9 a.m. to 3 p.m. in the parking lot of the Summit Elementary School in Divide. Folks with something to sell will be lined up along the parking lanes with their wares on tables or on blankets on the pavement. Anyone interested in purchasing space in the yard sale should contact Joe Kain at the Ancestral Arts Trading Post in Divide (11115 US Highway 24 or call 719-687-2278) before Friday, August 26 (as long as space is available). The cost per space is only \$25. All proceeds from spaces fees go to the Divide Chamber of Commerce to help promote the businesses in and around Divide.

The fourth event is an all-day affair lasting until late into the evening. The Little



Chapel of the Hills Food Pantry in Divide is sponsoring their inaugural Alpine Music Festival from 8 a.m. until around 10 p.m. on the Ute Pass Saddle Club grounds just south of Divide on Highway 67 (across from the water tower). The family-friendly event will feature a super fun-filled day beginning with a pancake breakfast and ending with a dance from 8 p.m. to 10 p.m., music provided by the Charlie Searle Band, the "Ashtonz." Throughout the day there will be a live auc-

tion, a Kid's Carnival Tent (with games and prizes), a laser arena, bounce houses, a climbing wall and music provided by the nationally known Flying W Wranglers, as well as a performance John Denver ribute Artist Mark Cormican. Admission is \$10 per person for the whole day (except for the dance). Lids under 10 are admited free. Admission to the lance is an additional \$3. So bring a blanket or a chair and come prepared to have some fun! For more David Martinek call 719-322-7610. All

proceeds from the Alpine Music Festival go to the Little Chapel Food Pantry to help feed hundreds of families in the Divide Community

"Super Saturday" in Divide on August 27th promises to be a special experience. Make plans now to attend.



A family-friendly, fun-filled day is planned. All proceeds go to Little Chapel Food Pantry to help feed hundreds of families in our community.

Prince Gem Stones A new generation in geology

by Kathy Hansen photos by Jeff Hansen

hristian Price had been back in the USA for two years from a nine year stay in Madagascar when the pieces fell into place to open Prince Gem Stones, in Divide, Colorado. His parents, Greg and Susan Prince actually started the business several years ago, vet recently decided to turn over the retail side of it to Christian; after all, he had been on the wholesale side for years. The time came to expand and explore his skill-set.

Christian has enjoyed the journey, especially his experience in Colorado. "The people here are really friendly and helpful, he said with a look of surprise on his face. Networking is a necessary step when opening any business in a new area. Christian has been truly impressed with the level of cooperation, partnership, and guidance that has freely flowed his way. "The contacts I've made have been willing to share who their buyers are and who has given a good deal. Not everyone is willing to share such helpful information. It makes it easy to form partnerships and work together. Mostly, we're all kindred spirits interested in gems and geology," Christian said as he walked toward a display case.

Inside the display case were a number of pendants that were wrapped by Ken Nord, of Stones, Bones, & Wood in Green Mountain Falls. Christian pointed to a pendant and said, "Look at the craftsmanship on this wrap. You don't usually see this quality of work, most wraps have wires going in all kinds of directions, but these really frame the stone," remarked Christian as his voice takes on the tone of an expert



Christian Prince is the propriator of Prince Gem Stones in Divide, CO.

Christian went on to explain how after almost a decade he has come to learn a lot about quality craftsmanship and genuine stones. He works with only one facetter (the one who cuts the face of the stone to allow the most brilliance, luster, and color to come forth) because he knows he is the best in the business. The same is true for polishing. This way, every gemstone he purchases from Madagascar will become the best that stone can be.

Christian continued, "I had to read a LOT of books. I had to learn the hard way: I'd gotten ripped off several times. They'll distract you while they throw a genuine gem into the pit so it's the first one you find, but it's the only one in there. I had a LOT to learn.'

Learn he did. He can chat with the customer interested in a \$10 pendant as easily as he can converse with an international sales representa tive seeking to purchase a \$2,500 sphene (a beautiful stone, stop in just to see it!).

"I try to get an idea of what the customer is looking for. Some people just want



Christian also features Telephone Wire Baskets by Earth Africa. These are handmade by the rural men and woman of South Africa.



The stones can be bought raw, cut and polished, or excuisitely wrapped by other local craftsmen.

something that looks pretty," as he pointed to a display of unique necklaces. "Then there are those who are collectors who know the make-up of what they're looking at. I've been all around the United States and nine years in Madagascar. I know what is unique and I know what is rare. I can buy at fair prices and keep things affordable. I know it sounds weird, but I'm really not into the money," he

Christian showed us a few of his rare pieces, such as a peczetoite, sphene, and orthoclase. He also has some precious stones; sapphires shining in the case and colorchange garnets which he allowed us to look at in the sun to see the various hues of reds and greens. He took one example and explained how his facetter would be able to cut certain green surfaces to bring its brilliance and cut a different face to render forth the red tones.

Any of the stones can be set into a customized setting. Christian plans to expand the jewelry options. He is also working on some prototypes to include on the website which he hopes to have up soon. Recently, he has been exploring pairing stones in finished wood and showed us some unique display pieces. The wood and rock seem to complement each other well.

Christian seems to be drawn to complimentary partnerships. He is willing to help local artisans by displaying their work as he does for Ken Nord and Josh Graham. He trades with several other kindred spirits for necklaces. Future partnerships are likely given Christian is seeking to increase his supply of Colorado crystals.

Last year, Christian had a booth at the Lake George Gem and Mineral Show and he intends to be there this year. He has a few ideas to change the offerings since last year. Stop by his booth over the weekend of August (19, 20 & 21).

Christian and his wife Ando, along with their three boys Aro, Kenji, and Andrew recently moved to Divide and opened their retail shop. Stop by his shop Price Gem Stones located at 54 Hybrook, an east turn next to the car wash on County Road 5 in Divide. He is open Wednesdays through Sundays from 10 a.m. to 5 p.m. or call 971-218-6753 or email PrinceGemStones@Outlook.com.

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sure to include the critter's name as well as your name.

The horned dove

After being unable to persuade her **Danielle** companions to stop the Treaty of Ghent from being signed, Spell distanced herself from them. Even now, a few months after the war, Dellinger she felt betrayed. Her daughter, Time Warp, was in danger and they had done nothing to help her. Spell knew she had to figure out a way to stop Time Warp from leaving for

> America in the morning Spell wandered the snowy streets of London, her heels dully clicking on the cobblestone. Off in the distance bells tolled. She knew Drainer had to be around somewhere because she could feel him still keeping an eye on her. She turned a corner and saw an impressive, gigantic gothic church at the end of the street. She thought she saw someone look her way, then duck into a

"Oh no you don't," she muttered under her breath, running to the church and up the steps, flinging open the door.

Several people sat in the pews, and numerous candles burned brightly all around the large room. A deep red curtain fluttered off to her left, and she quickly went to it, pulling it back to reveal a stone passageway leading down beneath the church. She didn't waste any time in hurrying down the steps, her footfalls echoing off of the walls. As she descended deeper and deeper, a soft cooing sound rose to meet her ears. Just as she was trying to identify what was making the sound, she reached the bottom of the stairs and came face to face with a large iron door. The strange cooing sounded like it was coming from the other side. When she put her hand on the handle to open it, she instantly felt weak and nearly collapsed against the door. She knew that was Drainer's handiwork. He just had to be on the other side of the door as well. Spell attempted to muster up her remaining strength and magic to push the door open, but it wouldn't budge.

"Drainer, I know it's you. I know this is your work. Let me in," she growled, her mouth right next to the door.

Nothing happened for a few moments, but then the door slowly swung open with a low grinding and rumbling sound. She stumbled into the room, hastily looking around to locate Drainer. At the other end of the room he sat on a worn, moth-eaten throne, his silver robes lazily draped over the arms of it.

"Yes, Spell Traveler?" he drawled, acting

"I need to talk to you. I need you to leave me alone and let me do what I need to do."

He lackadaisically raised an eyebrow. "And what do you need to do?"

"I need to keep my daughter from going down the dark path before her. There's a better path, a better life waiting for her if I stop her." "You sure are a meddlesome mother. Isn't

she old enough to make her own choices?" "Yes, but she doesn't know the fate waiting

for her in America." "Have you told her?"

"No, because she won't listen to me." "Give her the benefit of the doubt. Maybe she will."

"She won't! She's stubborn!" Drainer snorted, rolling his eyes. "Wonder

where she gets it. Spell snarled, baring her teeth at him. She started to rush forward, but a loud screech and claws tugging at her hair stopped her and caused her to flail around. Something flew up toward the ceiling, then dived at her with

another screech. It was a pure white bird. A white dove, she realized.

But this wasn't just any white dove. It had two horns on the tip of its beak like a rhino, making it a horned white dove.

The bird circled over her head one more time before flying over to Drainer and landing on the back of the throne. It cooed and turned its head to look at Spell with an otherworldly rainbow-colored eye.

"A horned dove?" she breathed. "You have a horned dove? I thought those were wiped out during the Spell War.'

"He's the last of his kind, and subsequently has become the vessel to hold all magic." Spell looked from the bird to Drainer, then

pell last appeared in July 2016's issue, on pages 20 & 21, "For the future." back again. It dawned on her that she needed to get that bird. Because of its abilities, it would allow her to use magic even with Drainer physically holding onto her. At least she hoped it would.

> "Did you know that doves mate for life?" she said after a moment, casually walking toward him. "And that they can adapt to just about any environment except the desert and the Antarc-

Drainer sighed, not being subtle in his annoyance and boredom with her.

"No, and I don't care to know." "Really? That's a bit harsh toward your friend there, don't you think?"

He glanced up at the bird, then shrugged. "Doves," she continued, "also have great homing abilities, which is why they're trained to deliver messages to faraway places. Possible reasons for their uncanny homing instincts include environmental mapping with lowfrequency sound waves, an internal compass, using the Earth's magnetic field, and even memorizing the way home."

He smirked. "What's your point, Spell

By now she stood beside the throne, her eyes on the horned dove. She didn't say anything for a moment, then suddenly lunged and grabbed the bird by pinning its wings to its sides. It squawked, and she ran for the exit.

"Spell!" Drainer bellowed, jumping up after

She could feel the power of the magic contained inside the bird. It was so strong in fact that it made her hands throb. She pounded up the stairs, burst through the curtain, and then thrust the door open. A wintry wind whistled through the desolate streets as she ran.

Spell didn't stop running until she entered the slums and ducked into an alleyway.

The horned dove cooed and squawked in her hands, squirming to get free. Spell quickly looked around, her eyes eventually landing on a lucky find: an abandoned bird cage. She went to it and shoved the bird inside the cramped space, snapping the door shut and tying it securely with some thread.

With this bird, she figured she could cast a spell to persuade Time Warp to stay. She watched the bird as he watched her. She then smirked and chuckled to herself before picking up the cage and walking to the end of the alley. Right as she was about to exit out onto the street, a tall man in a bowler hat and green felt suit stepped in front of her, blocking her path. She jumped back with a gasp, looking up at

"Spell, my lovely," he crooned, his voice

She blinked. "Past?"

"Yes, it's me, Past," he chuckled. "How's our wonderful daughter?"

"She's about to make a terrible mistake. I need to stop her. We need to stop her."

"Ah yes, the age old battle of parents trying to control their children." He smirked, studying her with his chocolate eyes.

"Don't mock me," she snapped. "It's for her own good. She'll end up dead if she goes to America.'

"Oh, I heard from your commander about what happened between you and your fellow soldiers in Washington."

"Yes, and?" "You've turned into one selfish hag, Spell," he said sharply, his tone quickly darkening. She couldn't keep the hurt off of her face. "That's not nice to say, Past."

"It's the truth, though. "Even if it is, you don't say that!" She gave him a death glare, and then turned and stomped

"There's nothing you can do to change her fate," he called after her.

"Yes there is! She has a choice, and she needs to see that!" she shot back. "Spell, if you go through with this and use

that stolen bird, you'll be arrested and punished

"I don't care!" she yelled as she kept walk-"You should! The Oblivion is no laughing

She waved him away and disappeared

around the corner. As she walked through a plaza, the clocktower in the center of it chimed three in the morning. She had to hurry to the docks to intercept her daughter.

y the time she reached the docks, the sky had just begun to grow light. A crowd of hundreds of people was packed onto the dock in front of the ship that was set to sail. She stood on her tiptoes to try and spot her daughter. Finally, she spotted a dark purple hat bobbing through the crowd. It had a silver star pinned on the side.

Spell pushed her way through the crowd, keeping the bird cage close.

"Ti!" she called when she was close enough, using Time Warp's nickname. Time Warp stopped, turning in surprise to face her mother. "Mother? What're you doing here?" she hissed indignantly.

"I came here to beg you not to go. Your future in America is a bleak, fatal one!" "Fatal? Mother, all that magic has gone

to your head." Spell shook head. "I've seen it. I've seen your fate. Please, stay here with me."

"Mother, the new world is waiting. America holds so much promise. I want to live my life in the present, not live in fear of the future."

Spell wished Ti knew how ironic her statement was. "Ti, I'm telling you it'd be a mistake for you to go. A poor, irreversible choice."

Ti rolled her eyes, sighing exasperatedly. "You can't compel me to stay."
"Watch me," Spell answered darkly.

She shoved a few fingers into the cage, touching the dove's wing, and began to mutter mysterious words under her breath, all the while never breaking eye contact with her daughter.

Right as she felt the spell about to work, someone roughly grabbed her hand from "Spell Traveler, there you are," Drainer

hissed in her ear. "How dare you. You're under arrest, come with me." "No!" she snapped, kneeing him in the

groin to get him to let go. She turned back to her daughter, but she was already hurrying up the ramp onto the ship. Spell cursed under her breath and went

for the ramp as well, but two officials blocked her. "Ticket, ma'am?" one of them asked.

"My husband has it. He's already on board, though," she lied.

"Name?" She stared.

"Ma'am, what's his name?" the official asked again.

"Roger Lewis." "Where are your papers proving you share his name?'

"Oh, come on. I can assure you he's on board. Roger!" she began shouting. "Roger! They need to speak "Okay, ma'am, time for you

to move along." They grabbed her firmly by her upper arms and began to walk her away from the ramp. "I'm a member of the

Enchanted Army. You can't treat me like this!" She struggled as hard as she could against them.

"Enchanted, what? Never heard of such a

Spell was about to protest more, but the horned dove began to coo and squawk affectionately. Before she had time to figure out why, Drainer appeared with a red face and glassy eyes from the

knee to the groin.

"Sorry, gentlemen, is this woman causing

Both men nodded, and then handed her over to Drainer. "Please, stop. You have to let me on the

"No one has to do anything," Drainer smoothly replied, leading her away from the ship and down the dock.

The power she'd felt from touching the dove had already dissipated.

"Please," she begged, her frustration mounting

"No. Now stop being a child. You don't always get your way in life." He stopped and turned them around so they could watch the ship set sail, his hands holding her arms firmly.

Nets holding barrels and crates were still being lifted onto the ship by a pulley system. Spell watched as a plan formed in her mind. She staved silent and unmoving for a minute or two, then she kicked out behind her, catching him in the groin again but with her heel this time.

He cried out and dropped like a fly as she took off running. They had one more netfull to load, and it was already halfway up in the air. She scrambled up onto a couple crates and then jumped, catching the net with one hand while the other clutched the bird cage.

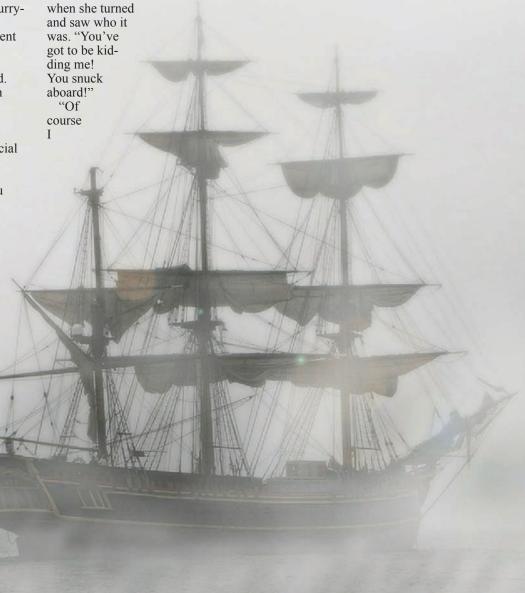
When the net was hauled aboard, she jumped down and took off running, heading straight below deck into the cargo hold where she found a nice hiding spot. She attempted a few simple spells to make sure that Drainer hadn't followed her. She grinned giddily when she determined that he hadn't. She looked at the bird, who was warily watching her.

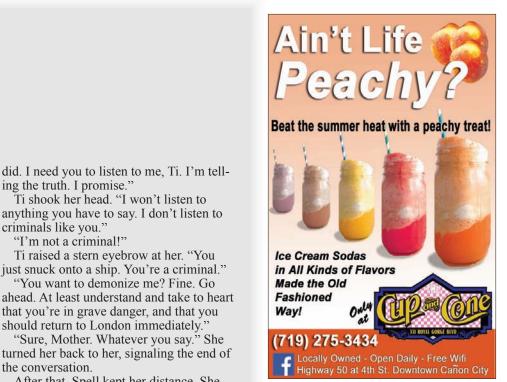
The next morning, Spell emerged from the cargo hold, and began her subtle search for Time Warp.

Thankfully, it didn't take Spell long to locate her.

"Ti," she whispered, approaching her from

Ti looked shocked





did. I need you to listen to me, Ti. I'm tell-

Ti shook her head. "I won't listen to

anything you have to say. I don't listen to

Ti raised a stern eyebrow at her. "You

just snuck onto a ship. You're a criminal."

that you're in grave danger, and that you

should return to London immediately."

"You want to demonize me? Fine. Go

"Sure, Mother. Whatever you say." She

After that, Spell kept her distance. She

knew that making another attempt to cast a

spell to compel her would be risky because

The sun eventually set and found Spell

of wood, and another idea came to her. She

put her finger on the side of the barrel she

The barrel caught fire, and she calmly

By the time the fire was discovered, near-

ly half the ship was burning. Spell stood at

the front of the ship, certain that they would

But as luck would have it for Ti, a nearby

A couple months and several more failed

To be continued . . .

Twitter.com/ZepherSong

Facebook.com/dmdellin08

sink. She was okay with that. She would

ship suddenly slid up out of the darkness,

and everyone transferred safely to them.

Ti glared at Spell from afar, guessing

attempts later to halt the voyage, the ship

docked in the Baltimore Inner Harbor.

correctly she was behind the fire.

just use the bird to save herself and Ti.

sitting on a barrel at the back of the ship.

She looked around at all the things made

ing the truth. I promise.'

"I'm not a criminal!"

criminals like you.'

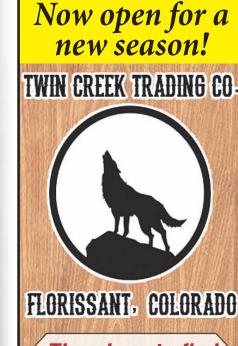
the conversation.

Ti was onto her plan now.

was on, then muttered, "Feur."

hopped off it and walked away.





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Sticky "Cranesbill" Purple Geranium (Geranium viscosissimum)

Wild geraniums are quite different than the bedding plants found in nurseries. Though related to numerous varieties of popular geraniums, native geraniums look different and are much more dainty than their heavily flowered, fleshy leaved, cultivated cousins. The native wild geranium's simple ive-petaled flowers sit on loose stems above ightweight, palm-shaped (palmate) leaves.

Our native species have also acquired colloquial nicknames, the most popular of which is "cranesbill." The nickname is derived from the shape of the seed head, which is bulbous at one end and tapered to a more pointy structure on the other end, resembling the beaked head of a crane. This seed head also has a unique adaptation that aids in germination This seed, or fruit, is called a schizocarp. It splits apart and then curves along the central beak when it's mature. The curled seed drills itself into the soil as it coils and uncoils, ensuring the proper depth and placement for



Rocky Mountain Geranium (Geranium caespitosum)

The most common wild geraniums in Ute Country include the species of viscosissimum, caespitosum, and richardsonii. All are said to hybridize so there could be many intermediaries of these species found on your favorite hiking trail. Unless you're adept at using a dichotomous key to differentiate species within a family, it can be difficult to determine the exact species or hybrid found in the wild. The three primary

• Sticky Purple Geranium (Geranium viscosissimum) is typically a dark mauve or deep pink with reddish veins on the more than 10 mm petals. This geranium is usually found in wetter areas and Aspen forests. As the name viscosissimum suggests, the minutely hairy stems are somewhat sticky. This species also flowers on just a few stems, compared to the more sprawling or manystemmed Rocky Mountain Geranium. • Rocky Mountain Geranium (Geranium

Richardson's Geranium

(Geranium richardsonii)

or purple and is found in relatively dryer areas of an open Ponderosa forest.

 Richardson's Geranium (Geranium richardsonii) is the delicate white species that features purple or pink veins on the petals and purple tipped anthers.

All of these native geraniums are pollinated by native arthropods such as bees, flies, and beetles. All of these varieties — and their hybrids — feature the landing strips or colored veins that lead the pollinators to the center of the flower where the nectar is found. Don't be afraid to take a closer look. Using a hand lens (10x) or handheld magnifying glass can reveal fascinating details that are often overlooked by the casual observer!

Mary Menz is a naturalist and Colorado Native Plant Master who lives in Ute Coun*try. She loves to search for* — *and find* native plants. You can reach her at snowber-

Liz Krasnow honored as hospital TRAC star

Heart of the Rockies Regional Medical Center named Buena Vista resident Liz Krasnow, RN-CEFM, its TRAC STAR of the second quarter at a hospital ceremony on July 25, 2016. TRAC STAR is an acronym for the core values that guide HRRMC employee performance: teamwork, recognition, attitude, customer service, safety, talent, accountability and respect.

Krasnow is a registered nurse in the Family Birthing Center who joined HRRMC in 2009. She is certified in electronic fetal monitoring and teaches a fetal-monitoring course to hospital staff. She has also organized a nursery skills day for staff for the past two years and collected data for the Safe Deliveries Project, a statewide initiative to improve newborn outcomes in which HRRMC is participating.

"Liz gets many comments and cards from her patients," according to the employee who nominated her for the award. She is also a team player, who fills in for the department manager when she is gone and helped relieve "a staffing crunch due to the

resignation of a night nurse by volunteering to give up her day shifts and do night shifts for a month to help get through that time."

caespitosum) is typically a lighter pink

Krasnow was unable to attend the ceremony but as TRAC STAR of the quarter, she receives a \$200 gift check, a fleece jacket with the hospital's TRAC logo, and a certificate to be professionally photographed. She was also awarded a helicopter ride above Chaffee County, courtesy of REACH Air Medical Services. A plaque with her photo will be displayed in the hospital café.

HRRMC CEO Bob Morasko also recognized the two other finalists for the quarterly award, laboratory tech Lillie Jones and cardiopulmonary nurse Sue Miller, who is also a certified health exercise specialist. Jones, a Salida resident, "has worked in the HRRMC lab in almost every position available for over 20 years," according to her nomination. "Lillie will often come in on her days off to catch up on her duties as blood bank supervisor and has done so throughout her career at HRRMC while holding other job titles."



Miller, a Buena Vista resident who began working at HRRMC in 2013, has "taken the cardiac rehab program to a new level," according to her nomination. "Sue works well in group situations, works actively to resolve conflict, and exhibits tact and consideration. She is the 'model' for a positive attitude."

HRRMC employees can nominate any of their colleagues for the TRAC STAR award. Members of the hospital's Communications Team review all nominations, and then cast individual ballots to determine the three finalists and the winner. All finalists are eligible to be named TRAC STAR of the Year.

Summer Hours: Noon-6:00 p.m.

Open M-F 3:00-6:00 p.m. when school is in session

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Growing Ideas Gratitude in the garden

by Karen Anderson T he Plant Lady

We are Stardust. We are Golden. And we've got to get ourselves back to the Garden

August greetings to my mountain gardening friends. Hopefully you all made it through one of the hottest Julys I can remember in my four decades of living here in the Florissant area. It certainly has been uncomfortable in past summers with the 'normal' dry, hot, windy and dusty conditions, but this past month has been super challenging in keeping the gardens alive at least, and not many cool hours in the days to do much else but ration out the watering chores to the plants that are suffering the most!

Once again, the mulching process has been a life saver during these sweltering periods of time. Please keep doing that in your own gardens. I promise it will help in the spirit of water conservation and the health of your landscape, as well as consideration of your own personal time, energy, and well-being.

I have also been able to get the precious moisture to the roots of my plantings by creating 'make shift' irrigation ditches within the garden beds themselves by using a trowel or cultivator making ribbons of little trenches around and through the plantings being very careful not to disturb the root systems. This method allows me to water more deeply which is where the water is needed in order to maintain life and to cover a lot more territory by allowing the water to run through sections of the garden via basic irrigation.

In addition to drought, the wind is one of the most damaging elements to plant life above ground. Wind is a very powerful element and can easily acerbate any living being and is certainly detrimental in the garden. This is why we need to water deeply, madly and passionately (as much as possible or allowed). Make the process a meaningful one. Your plants will get through some of these high winds we have experienced if they are healthier and sturdier by good hydration.

This is also where I would like to invite you to use a lot of "props" in your gardens. By props, I am speaking of support systems for the tall and possibly weak annuals, perennials, vegetables, trees and so forth. I utilize many weird things just lying around the premises as props. I incorporate garden fencing, parts and pieces of garden fences, wooden stakes — even old shovel or rake handles, the backs of wooden chairs that have fallen apart and are no longer useful to sit in and have no interest in repairing, tomato cages, mobile trellises, all kinds of metal framing from tables and such, and any odd ball items that will do the job. A roll of twisty ties are always on hand for securing the plants to the props. This type of 'stuff' is not only useful but also adds major character to your Sacred Space. Look around and instead of tossing these seemingly useless things in the landfill, use your ingenuity and creative spirit and see what you can come up with to help in the Garden.

Even though it was really rough this last

My name is Esteban! Pictures really don't do me justice...I'm very handsome. I'm a four year old

male Maine Coon who was found roaming the streets

of my hometown. The staff at AVHS told me they were

worried I wouldn't like them but boy were they wrong

I LOVE people! I love socializing with people, being

petted by people, and really just being around people.

Staff says I'm one of their very favorite cats they've

Upon arriving to the shelter, they found out I had

something called FIV...I most likely got it from having to fight other male cats on the streets. Turns out,

though, FIV is not a death sentence and it can only be

a home where I can be an inside kitty all of my days; lounge and hang out with my people.

Oh, and if you want more information on FIV check out this website! http://bestfriends.org/

ever had in the shelter because of my quirky and

Esteban

unique personality.

resources/fiv-cats-fags

July, we at Paradise Gardens survived the heat and wind and are looking forward to some monsoonal activity and cooler days this month. One can only hope and turn the rain stick ofter and humbly ask for life sustaining rains to accommodate some of our needs as gardeners. August is usually the prime

time for mountain gardens. Mos everything is at peak performance. Of course, bloomers have come and gone, but if you have deadheaded your annuals and most perennials, there should be an ample amount of color to enjoy at this juncture of the journey.

Keep deadheading throughout this month, stopping around the third week to allow the plants to begin the seeding process, which will take up the rest of the growing season for them. You may collect the seed if you wish or simply let Mother Nature take them where She will. Please continue to water as much as possible during this next step. is important.

The stars of the show at Paradise Gardens in August are the Asiatic and Day Lilies alongside the Delphinium. In addition, many sedums, stonecrops and other groundcovers bloom this time of year. It is always a wonderful sight to see when my "Monet-ish" plantings of dragons blood, snow in summer, stonecrops of pink and purple pastel colors, bright yellow sedums and others flowering all at once in the rock gardens and borders.

FYI, the native wild sticky geraniums are an excellent choice to plant in those in between places where flowers have been there and done that and we are waiting for the next thing to blossom. If these natives are cultivated and trimmed every once in a while, they can maintain color and beauty all season long. I have been 'yumming it up' with many

baby alpine native strawberries which are a major ground cover here. My native raspberry patches are in the production stage at this time and should be ready to savor shortly, that is if I can get to them before the critter residents do. I'm OK with sharing a little bit too. Currant berries and gooseberries are forming and I will be able to pick and eat some of those this month — right off the vine. Herbs are being clipped and harvested from

the greenhouse and what does not get tossed in the salad bowl is being dried for later organic culinary delight. Still waiting on those tomatoes to ripen which are well worth the patience. Soon, the many varieties of pepper plants will gift me with the fruit of my labors.

Just a little tip for the greenhouse: I have found that the 'mister' setting on the adjustable hose nozzle works super-duper well for hydrating the plant foliage without damaging or weighing down the leaves and adds moisture to the air itself. Try it—you'll like it! I even use that mister on myself.

I am wishing you great garden success this August. It will be harvest time through the whole month and into September. Harvest



Asiatic Lilies and Delphinium are the stars of Paradise Gardens in August. Note how film reels had been repurposed as props and extra color in the garden. Photo by Paul and Nancy Desilets

with gratitude; enjoy your bounty with mindfulness. Treat yourself to a few moments in the hammock or the swing (as long as it's in the shade for me), and really take in the beauty of your garden. I have to remind myself sometimes to focus on the good things that are happening around me — in and out of the garden — rather than all the projects that need to be done or what could be perceived as 'bad'. Changing my thought system to the positive makes all the difference in my world. Enjoy the rest of the summer growing season and happy gardening!

I am planning on participating in the little Farmer's Market at the Outpost Feed Store in Florissant on Friday, August 12th. I invite you to come by and say "Hi" and see what I bring to offer for strong and sturdy, native and perennial plants and trees which can still be added to your landscape during the months of August and September, plus a few surprises. Hope to see you there.

Please feel free to call me at 719-748-3521 for any additional information on what is offered regarding high altitude ORGANIC gardening

Also, if you are interested in the Harvest Center Garden Tours, I am planning on including Paradise Gardens to the list. I believe my date will be on Sunday, Aug. 21st this year. Please check in with their website though to confirm. It is a great opportunity to visit many other gardens in the area as well.

available at Mountain Naturals in Woodland Park and at Outpost in Florissant. See you in September in the *Ute Country* News and remember to help in putting the



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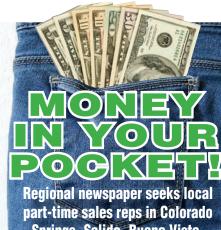
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ing with local nistorian Linda Biorklund as she races the town's story through Spanish settlers.

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E-book available through Barnes & Noble and Amazon. Hardcopy is available at both the Museum and the Ranger Station in Fairplay.



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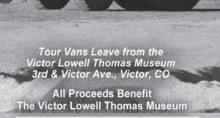
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Rocky Mountain State Games



Boys from ages 6 to 13 line up to race the short loop around the Aspen Valley Ranch.



Category 3 Men's from left to right Terry Brace 2nd place, Shawn Finley 1st Place, and David Durrill 3rd Place



Left to right Alex Sakich, Ronin Williams, Colton Alexander in Strider Races 2 – 3.



Boys 14 - 15 Left to right Max Mirk 2nd Place, Isaac Sanders 1st Place, Isaac Remington 3rd Place



Category 2 Men's from left to right Matthew Hall 2nd Place, Ethan Cefus 1st Place, and Robert Smith 3rd Place



Men's Category 1 Left to Right Jayson Jacobs 2nd Place, JJ Clark 1st place, Brian Vitulli 3rd Place

The Rocky Mountain State Games hosted a mountain bike race for riders from ages 2 to 59 on July 23, 2016 at the beautiful Aspen Valley Ranch. Mountain Top Cycling Club organized the event with a little help from Kiwanis Club volunteers. The games

were sponsored by Heuberger Motors and Sports Corp. The Strider Races were a big hit as well as the face painting. The event began at 8 a.m. and ended at 2:30 p.m. Everyone had a great day and the

Back to School at **Guffey Community** Charter School

Guffey Community Charter School's first day of class for all students, Kindergarten thru 8th grade will be Wednesday, August 23rd. The school will host registration for all students, on August 17th and 18th from 9 a.m. to 3 p.m. If you are attending Guffey School, but cannot make these dates, please call the school so that we can plan a place for your child. (Entrance age requirements for kindergarten are any child may enter if five years old on or before October 1st of the year of enrollment.) The school's location is 1459 Main Street in Guffey. Visit the school's website, www.guffeyschool.org, or call the school with any questions 719-689-2093.



Guffey students are getting ready to go back to school August 23. Photo courtesy Guffey Community Charter School



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Fairplay's Front Street

Front Street is an eclectic mix of artisans' shops, specialty shops, emporiums, galleries, places to eat and drink, a hat company and a day spa in which to indulge one's self. There is also an historic, restored 1880's mining town on the west end of Front Street, South Park City.

There are several new shops on the street including Tarryall Outfitters, located across the street from the Hand Hotel.

Tarryall Outfitters, LLC, a South Park hunting and fishing guide service, was started in 2014 by Alex and Courtney Bolla The Outfitters offer half day, full day and overnight guided fishing trips to their private property, lakes and Gold Medal waters. The Bollas pride themselves on offering the best in private land hunting and fishing.

Tarryall Outfitters offers a complete line of fly fishing gear and accessories and are authorized dealers for Patagonia, Yeti, Hatch, Winston, Fishpond, Benchmade and Rio. Tarryall Outfitters is the only fly fishing shop in South Park. They host fly casting clinics throughout the summer. Tarryall Outfitters also sells hunting and fishing licenses. Call 719-838-4004 for more information. The shop is open daily from 9 a.m. to 5 pm.

There are several historic buildings on Front Street. The South Park Pottery and Backroom Bead Shop, adjacent to South Park City was built in 1901, according to the owner/potter Pat Pocius.

Another historic building houses Rimfrost Antiques. Rimfrost Antiques was originally the Hathaway Bank and was built of brick in 1873 after the fire. It was bought by the Independent Order of Odd Fellows Lodge in 1897 and meetings are still held upstairs. There are some original sections of wallpaper inside, according to Beth Swanson, store

Roll out the barrels! **Rooftop** collection legal August 10

by Kathy Hansen photo by Jeff Hansen



id you know that the precipitation that falls onto your property in Colorado most likely does not belong to you? The majority of it actually belongs to those folks downstream. Water right laws in Colorado are murky at best, but they are also on the brink of change. As of August 10, 2016 it will be legal to use a rain barrel to capture the precipitation that falls on the roof of your residence. This is due to the passing of House Bill 16-1005.

The bill redefines righted water in that ". the use of a rain barrel does not constitute a water right." That means residents are allowed to collect the rain that falls on their roof via a rain barrel (no more than two rain barrels with a combined storage capacity of 110 gallons).

The collected precipitation may be used for outdoor purposes including irrigation of lawns, gardens, and potentially fire protection. The water is NOT to be used for drinking or indoor household purposes.

How about that! We can now water our gardens without guilt. The very dew of life is allowed to nourish (legally) the land it falls upon. To view or download HB 16-1005 go to http://www.leg.state.co.us/billsummaries.

Editor's note: Special thanks to Carmen & Greg Johnke for the lead on the house bill owner with her husband Erik. Ask Erik to play his player piano for you when you visit. It's one of his most favorite things. The last old building on the street is the

Old Red Barn which used to be McLaughlin's Livery and Feed Stable, the headquarters of the South Park Stage Line in 1873. This building may have survived the devastating fire of that year. The interior has been tastefully remodeled, exposing the huge old beams and joinery, keeping the centuries old feel. The building houses a western-style emporium.

Although not in an historic building, the 1880's to turn of the century equipment to custom make hats, according to co-owner

Other specialty shops on Front Street include Roxine's Doll Shoppe, where one can find vintage to modern dolls and all kinds of accessories. To indulge your chocolate cravings and for some of the best fudge around, visit the Chocolate Moose. Also be sure to stock up on the jarred South Park Gourmet foods made especially for the Chocolate Moose, according to owner Linda Cole.

Street. At Mountain Sun Arts one can find local artists' gallery.

Coyote Creek Studio Arts features the unique and unusual and has ongoing classes

Colorado Mountain Hat Company uses late

American to steampunk cool, according to owner Deb Hamm.

Many artisans have shops along Front scroll saw artistry by Brion Trahan, as well a

in pottery, painting, jewelry making, bronze

South Park City, a restored 1880s town, is located at the west end of Front Street.

casting, fused glass and many others. The Unrepentant Artist is an eclectic, fine art gallery featuring everything from Native

The Last Tangle, a new shop on Front Street features hair care, massage and body sculpting.

For food and refreshment along Front Street, visit the South Park Steakhouse with creations from owner/chef Matt Eaton. Mc-Call's Park Bar has lighter fare as well as an outdoor sitting area. For ice cream, there is the Silver Scoop Creamery, featuring a soda fountain and turn of the century feel.

If you want to extend your time on Front

Street, plan on staying overnight at the Hand Hotel Bed and Breakfast. The hotel was built in 1931 by the Hand family and overlooks the middle fork of the South Platte River and the surrounding mountains. Your room may even have a ghostly visitor, as several are said to inhabit the hotel.

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For a truly historic day, visit South Park City for Living History Days on August 13 and 14, when volunteers dress in period costumes. You will find cowboys, gold prospectors, dance hall ladies, saloon keepers, trappers and many more. Learn about the history and early pioneer time of the 19th century in the Colorado high country.

PIKES PEAK FAMILY MEDICINE

Joseph Kezeor, MD

Dr. Kezeor attended Medical School at the

University of Nebraska Medical Center in

Omaha, NE, where he also completed his

Family Medicine Residency Program and his

Family Medicine Fellowship in August 2007.

Dr. Kezeor comes to Pikes Peak Family

Medicine from University of Colorado

Health in Ft. Collins, CO. Prior to that

position, he was a family medicine physician

in North Platte, NE. Dr. Kezeor and his family

are relocating to Woodland Park.

Pikes Peak Family Medicine Welcomes Joseph Kezeor, MD

Pikes Peak Family Medicine is happy to announce the addition of Joseph Kezeor, MD to its team of healthcare providers. He brings with him strong pediatric, adult and generic primary care back-grounds and experience. He looks forward to offering patients the same high quality care and continuity of care which has helped make Pikes Peak Family Medicine one of the top healthcare providers in the

Pikes Peak Family Medicine has thorough family practice and health and wellness care for the entire family. With less wait time and extended hours, the practice offers a variety of services from general family care to physicals and immunizations. Their goal is to get you in, out and feeling better fast.

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www.pprh.net

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Learning technology one byte at a time

by Polly Roberts

R emember back when you first learned to drive a car? It was probably scary, frustrating, and just maybe, a little thrilling. The first attempts at driving probably weren't very encouraging — especially if you were learning to drive a stick shift. But with practice and patience, you learned to drive and how to shift. Now you don't even think about what you are doing; it has become second nature. So it can be with technology.

Older adults have seen the greatest expansion of technology in the history of civilization. Rotary telephones have given way to "smart" cell phones. Televisions no longer pull in programming over the airwaves but instead receive hundreds of high-definition digital channels through fiber optic cables and satellites. Automobiles no longer have carburetors or AM radios — they can park themselves and respond to voice-controlled media programming via a full-color screen in the dashboard.

Technology can make life easier and more enjoyable for older adults. Benefits include: • Socialization: Connecting with fam-

ily members and friends through social media, sharing photos, video chatting with the grandkids.

- Knowledge: staying on top of current news, banking online, communicating with doctors and the pharmacy electronically
- Entertainment: reading books on ereaders, playing games, watching videos. • **Shopping**: buying anything from kitchen gadgets to gifts without leaving the house,

getting special deals and coupons only So why do some of you still refuse to use,

or struggle with using, a computer? A 2014 Pew Research Center survey on older adults and technology use highlights three key barriers that keep older adults from embracing technology:

- Skeptical attitude about the benefits of using technology
- Physical challenges that make it difficult to
- use devices • Perceived difficulty learning new technologies

The most relevant word in the statement above is "perceived." Human beings have the uncanny ability to talk themselves into just about anything — including convincing ourselves that we're too old to learn something new or that something is too compli-

cated — but that's not really true, is it? Following are some tips for getting started: Ease into things.

Just face it — you aren't going to learn all there is to know about the internet and using a computer all in a day. Remember the old joke about how do you eat an elephant? The answer is one bite at a time. To prevent frustration, set your expectations low right from the start. Everyone gets stuck early on and it's really no big deal. Start with the simplest possible technology and go from there. Keep in mind any physical limitations — if you have arthritis that interferes with typing, for example, a tablet or an ergonomic keyboard might be the solution. If eyesight is an issue, there are phones designed with larger interfaces, and you can increase type size on devices and computers.

Find someone to help.

Choose wisely. Asking your son or daughter to teach you a few things may not be the best idea. Grown children tend to be less patient with their parents than when they were teenagers. The role-reversal involved may likely cause tension in your relationship. Grandchildren, nieces/nephews, or even young people from the neighborhood or church do not have to overcome this constraint, and they're likely much more tech savvy, too. Older adults learn best in small bites, with one-on-one, hands-on 'show-and-tell."

You may need help more than once to remember all the steps involved in performing a particular task. Be patient, and know that eventually the repetition will result in a new skill that can bring you a wealth of knowledge and entertainment for years. If you find yourself getting impatient, walk away and take a break. Rome wasn't built in a day.

If you don't yet have your own computer or internet access, the Florissant Public Library has computers available for public use, and free wireless. The library is a comfortable, no pressure setting in which you can practice your new skills. The staff are always willing to try to assist you if you get stuck or forget how to do something.

Once older adults get online, they tend to be very active; Pew's data show that most Web users over 65 use a computer to go online on a daily basis, and more than half use social media as well as e-mail and search engines. What does this mean? Once vou discover the benefits of today's technology,

4-H STEM position available

Tt's not often that an opportunity comes up to Lhave a positive impact on the lives and futures of young people while also having an experience that changes one's own life. Thanks to a partnership between Serve Colorado and CSU Extension, Chaffee County 4-H is looking for a 4-H STEM AmeriCorps member to ignite the interest of Chaffee County youth in STEM projects and careers. As a Colorado State University Extension (CSUE) 4-H Science, Technology, Engineering, and Math (STEM) AmeriCorps Member, you will learn to plan and deliver 4-H STEM programming for underserved youth (ages 8-18) in out-of-school settings, expose youth to STEM careers and opportunities, as well as impact their desire to remain in school and pursue higher education. You will expand your resume with experience in STEM education, receive professional development in program planning and community interaction and youth work and gain the satisfaction of making a difference in the lives of young people.

AmeriCorps is a national program that pro-

vides opportunities for citizens young and old to make contributions to their community and their country. AmeriCorps members receive a small living stipend and at the completion of their term of service an education award which can pay college tuition or be used to repay loans. Grandparents may apply the award to grandchildren's' expenses. The position requires college coursework and would be a perfect work or internship experience for meone interested in STEM education.

The Chaffee County 4-H STEM AmeriCorps position is a 20 hour per week, 11 month parttime position will run from September 1, 2016 to July 2017. Members will be housed at the Salida Boys and Girls Club and will serve 4-H Clubs, Boys and Girls Club of Chaffee County, and Chaffee County community youth. For more information on how to apply and more about position requirements and benefits, contact Christy Fitzpatrick at the Chaffee County Extension Office 719-539-6447.

New community center planned

Friends of the Fairplay Community and South Park Parks and Recreation District have formed an alliance to plan for the construction of a new South Park Community Center. This center will be an addition to the existing Recreation Center in Fairplay. Many other community groups such as the Boys & Girls Club, Senior Center, South Park Chamber of Commerce and the Town of Fairplay are supporting this project and looking forward to utilizing the new facility. The center will be available for use by the public well as community organizations.

The goal behind building the South Park Community Center is to provide a place large enough to facilitate community meetings, public

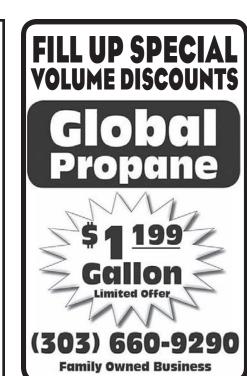
and private events, plus expand the amenities at the recreation center including a full size gym, climbing wall, and jogging track. In addition, the building will provide small meeting rooms, a technology learning center, and public areas for community projects and educational classes. A commercial kitchen will be available for community events and celebrations.

The committee working on this project welcomes public comment and ideas. We are looking forward to community support for this new project. Our belief is the Center will enhance and expand community resources. Public comments and suggestions are welcome at SOUTHPARKCC2018@GMAIL.CO



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Wolf sightings increase in Colorado

Due to a recent increase in unconfirmed sightings and reports of wolves in Colorado, in addition to confirmed sightings over the past several years, Colorado Parks and Wildlife officials say it is increasingly likely that the growing wolf populations and range in nearby states will eventually expand across state lines. To help prevent the illegal taking of the species, officials are reminding the public that wolves remain protected by the federal Endangered Species Act in Colorado.

Each year, CPW wildlife managers traverse the state by land and air to classify big game, but none have observed wolf packs, dens or any other evidence wolves exist at the population level in Colorado. Wildlife managers believe that is likely to change in the near future and are preparing for the eventual establishment of

Whether you are a trapper, or an elk hunter, deer hunter, coyote hunter or a landowner protecting livestock from predators, you must be sure of

Various incidents over the past several years confirm that wolves occasionally visit northern Colorado, including a wolf killed in a vehicle collision on Interstate 70 near Idaho Springs in 2004. Three years later, two CPW wildlife officers captured video of an animal with strong wolf-like characteristics along the Colorado-Wyoming border, a few miles north of Walden. In 2009, a radio-collared gray wolf was found dead north of Rifle. In April of 2015, a trailcam, again near Walden, captured photos of an animal that appears to be a wolf. The unconfirmed sighting is considered credible.

Also in April of 2015, a small-game hunter mistakenly killed what he thought was a coyote near Wolford Mountain Reservoir,

a few miles north of Kremmling. After an investigation by the U.S. Fish and Wildlife Service, agency biologists positively identified the animal as a gray wolf.

According to the U.S. Fish and Wildlife Service — the agency with jurisdiction over wolves in Colorado - killing a wolf or any endangered species can result in criminal charges, a year in prison and fines up to \$100,000 per offense, depending on circumstances and the discretion of federal authorities.

Although he faced significant penalties, The U.S. Fish and Wildlife Service chose to not charge the hunter after their investigation determined he was hunting legally, did not intentionally kill the wolf and immediately reported the incident to Colorado Parks and Wildlife officials

> Other reports and sightings n Colorado include visual observations of large wolflike animals, scat and tracks. Though not confirmed, some have reported hearing what they believed to be the howl-

In 2004, CPW convened diverse group of individuals representing a variety of interests to develop the Colorado Wolf Management lan, adopted by the Colorado Wildlife Commission the

following year. The plan details Colorado's management strategy when wolves become established in the state

"Although it remains rare, a credible sighting now and then cannot be considered highly unusual anymore," adds Broscheid. "I believe it is only a matter of time before they begin to move here in larger numbers and we must prepare for that eventuality.'

For more information about wolves and wolf management in Colorado, visit www. cpw.state.co.us/learn/Pages/SOC-Wolves.aspx The public is urged to report any sight-

ing of wolves in Colorado by filling out the online Wolf Sighting Form. Photographic evidence is useful but unless

it's scat or tracks, CPW recommends that video and still photos be taken from a distance with a telephoto lens. Do not approach wildlife at any time.



Ouilter's Above the Clouds

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ing techniques such as paper piecing, using

unfinished quilt piecing until a savvy quilter cre-

Past to Present" exhibit. These items were

pique your interest.

charitable programs of the guild. Area individuals or quilting groups are invited to enter a quilt into the show. Entry fee is \$5 per quilt. To encourage the next generation of quilters, youth entries age 18 and under exhibit free. Show and quilt entry information is available at Nuts 'n Bolts fabric store and other local quilt shops or at www.quiltersabovetheclouds.org. Quilt entry forms and payment must be received by August 1 with quilt drop-off on August 11th from 10 a.m. to 3 p.m. at Woodland Park Middle School. Quilt return will occur at the Middle School after the show on Saturday. August 13 from 4:30 p.m. to 5 p.m.

Quilters Above the Clouds is a 501(c)3 non-profit organization dedicated to promote quilting and sewing arts through educational programs, group and individual quilting challenges and sharing of ideas and projects. The guild meets monthly to learn new quilting techniques and includes over 90 quilters of all skill levels from novice to master. In addition to the monthly meeting, the guild also hosts monthly work sessions to construct quilts for charitable donations, which is a major emphasis of the group. Quilters Above the Clouds donates dozens of quilts each year to support local causes and to comfort individuals in need due to natural disaster, family disruptions and losses.

For additional information about the quilt show or Quilter's Above the Clouds, contact Cindy at 719-687-9679, cdemore@g.com or Mary Jane at 719-686-1643, mjfairley@gmail.com.





VETERANS RALLY COMMITTEE WELCOMES NEW SPONSOR

Last year, Newmont Mining Corporation purchased the Cripple Creek & Victor (CC&V) Gold Mine. Newmont proudly supports and employs US Military Veterans, and has many motorcycle fans who will be participating in the 2016 Salute to American Veterans Rally.

With approximately 550 employees at CC&V, and an additional 3500 across the North American region, Newmont employs a wide variety of men and women in trades such as heavy equipment operation, mechanics, electrical, welding, millwright and instrumentation, as well as technical fields of engineering, geology, environmental, health and safety, accounting, supply chain, human resources, and communications. Everyone works together to support Newmont's goals of creating value and improving lives through sustainable and responsible mining.



Check out our cool chopper designed by Paul Jr.! Gold accents from Newmont's Nevada operations.

Stop by the Newmont booth at the

Visit our booth at the Veterans Rally on August 19-21 to learn about Newmont's

- Sustainable mining practices
- Support of the military
- Career opportunities



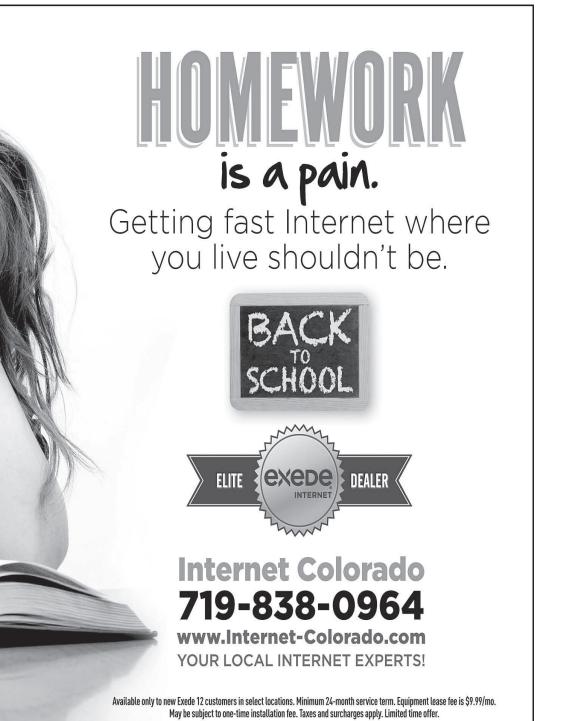
Rally to meet the team and learn about our focus on sustainable mining practices, community partnerships, career opportunities with the best workforce, and support of military members and their families.

Salute to American Veterans Rally August 19-21 Cripple Creek, Colorado







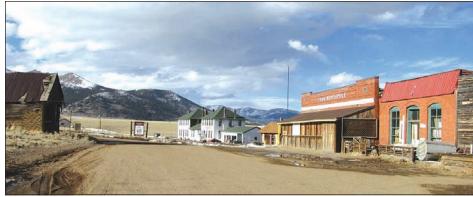


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Next stop is the Baker Tank, where the steam-

powered engines took on water to keep the

wheels turning as they traveled over the pass.

Final stop is in Breckenridge at the High-

line Railroad Park & Museum. Here you'll

find the DSP&P Engine #9 that worked the

rails here until 1937 (see archival photos of

a Rotary Snowplow that was used to clear

the tracks of snow during the harsh Rocky

Mountain winters.

engine #9 at the Como Depot). There is also

You can ride the narrow gage handcar at

The Boreas Pass Road from Como to

Breckenridge is 17.5 miles long, not paved,

RVs at the campsite and enjoy the trip in a

and at times very narrow, so please leave the

The Como Civic Association will host a

fundraiser dinner followed by bingo, starting

This is a free event, yet donations are hap-

Rocky Point.

Take a trip to the past

photos from South Park National Heritage Area website

D ailroad history comes alive on August 20th Nwhen the town of Como celebrates the 21st Annual Boreas Pass Railroad Day from 9 a.m. to 3:30 p.m. You can visit buildings once used by railroaders and their families, residents and school children in the era of the narrow gage railroad when the Denver, South Park & Pacific RR crossed the Continental Divide at Boreas Pass from 1882 to 1937.

Among the buildings open to the public in the town of Como is the Stone Roundhouse, now privately owned. On display here are a historic boxcar, the frame of a caboose, locomotive turntable, and pivot. There will also be a live demonstration of a working vintage letterpress. Other buildings in town include the Elementary School (built in 1883) and the High School (built in 1890), the Como Depot (built in 1879), and the Como Eating House & Hotel (built in 1897). The Como Eating House will have refreshments available from 3:30 p.m. to 6 p.m. on Saturday. Another highlight is the chance to visit the interiors of some of Como's Victorian houses: Lady Blyth House, Trecolore, and the Red House.

Boreas Pass, at 11,494 feet, was named for the ancient god of the North Wind and Winter. Heading west on Boreas Pass Road from the town of Como you can visit the Roberts Cabin (built in the 1880s) and Swartz Cabin (built in 1931). Both cabins have been restored, the Roberts Cabin in 1992, and the Swartz Cabin in 2011. At Rocky Point there will be an authentic reproduction of a narrow gage handcar that visitors can ride like George Clooney in the "Oh Brother" movie. Don't forget the camera, as this location also offers great views of nearby Tarryall Creek.

Traveling west up Boreas Pass is the Sec-

to house the workers who kept the tracks free of snow. This area was once the site of the highest post office in the United States. Here they will be offering free pancakes and coffee, plus plenty of exhib curious mind.



smaller vehicle

pily received.

Como is home to the only remaining narrow gauge stone roundhouse left in Colorado.

New coaches need students

by Deborah Maresca

Mountain Top Cycling Club is proud to announce the new 2016 Cripple Creek and Victor High School mountain bike coaches for 2016: Tim Krantz and Eric Murray. Tim has completed his National Interscholastic Cycling Association coach's certification training for the State of Colorado. He is a firefighter with the Colorado Springs Fire Department and has been the Victor Penguins youth hockey coach for last four years. Tim will bring his experience as a former specialized and Yeti team rider to the high school students. He loves cycling and wants to share his love of cycling with the youth of southern Teller County and hopes to grow the sport in our region too. Eric Murray has been with the team and has taught different sports at the high school.

We are looking forward to starting the new 2016 season. The team currently has four bikes and is looking to purchase a fifth bike for the team. If you are in high school at the start of the 2016/17 season you are eligible to be on the mountain bike team, home schooled children as well. Scholarships are



Cripple Creek and Victor High School mountain bike coaches for 2016: Tim Krantz and Eric Murray.

available. Contact Tim Krantz if you are interested 719-648-6616.

The Woodland Park High School Mountain bike Club is also looking for interested students. Contact assistant coach Ion Elliot 719-322-8966 or coach Caleb Shade 717-669-4588.

A Borgata opens at 8th & Main in Cañon City

by Charlotte Burrous photo by Charlotte Burrous

When she visited Cañon City as a possible location for a new store, she fell in love with it. So she purchased the former Marketplace Shops and changed its name to a Borgata. Since then, she has repainted it and installed some new flooring, and made it more of an open shop for clients to see what's in it.

"A Borgata means 'village' in Italian," said owner Pennie Gaudi. "We're a village full of artisan craftsmen and it takes a village to be successful. It's been very successful.'

Currently, the store offers pottery, jewelry, photographs, antiques, furniture, "Life is Good" clothing and a lot of hand crafted T-shirts, which are designed just for this location, said Pennie.

Gaudi and store manager Sarah Greenlee will host a Borgata's grand opening from 10 a.m. to 6 p.m. Aug. 6, 2016 at Eighth and Main streets.

"We're going to be doing free giveaways and we're going to be doing some free gift cards to entice," Gaudi said. "We'll be serving Bellinis inside the store; I call it Pennie's special Bellini (consisting of) champagne, peach schnapps and lime juice. They're very refreshing

Her endeavors began four years ago, when her sister, Nettie and her husband Bill suggested she start her own business. At that point, Gaudi quit her job and moved from Arizona to Conifer, where she set up a 1,200 square foot place at Windy Park a few miles down the road. The first store started with 12 artisans. Eventually, she expanded to a second one in Denver. At one point, one of the artisans talked about Marketplace being for sale. So she decided to come down to check it out.

"With one day, I made my decision because I love the town. I think what we're doing is going to be what Cañon City

said, "I rarely add staff this late in the sum-

Gabe is a straight A student of Canon City High School who might get to use his second language at the Cup and Cone. He enjoys hanging out with his friends and

going to the gym with his dad. "I faced

many surprises and challenges here at the

Cup and Cone. I have had to learn fast but

my coworkers and boss have helped speed

me along and I am beginning to more easily

keep up with the experienced staff. I plan

to keep working here as long as I can and

with people he doesn't yet know. "I enjoy

learning all the new skills. I was surprised

by how many things I am learning from

scooping ice cream to making sodas the

nearly the entire Cup and Cone rigorous

training program and have gained skills as

baristas and soda jerks. Gabe and Aaron join

current employees Abigail Hoffman, Shad-

don Valdez, Crystal Fisk, Brooklyn Hall,

ShyAnn Rodgers, and Shelby Woolsey in

way they did 100 years ago to becoming a

working at the coolest shop in town and

Aaron is a student who loves interacting

enjoy every minute of it," he said.

Gabe Rodgers and Aaron Fisk."

Cup and Cone's new hires



Borgata will host its grand opening from 10 a.m. to 6 p.m. Aug. 6.

needs," Gaudi said. We're very unique and very different. People like to tell us we're very eclectic.

Along the way, her shop had a waiting list for people who wanted to sell their merchandise. That's when they moved from Windy Park to Conifer then opened a second store in the mall in Lakewood before opening this one in Cañon City. She is planning to open a fourth one in Brighten once this one takes off.

This shop is similar to the Marketplace Shops, but does not have as much furniture. What once were called shops, Gaudi calls artisans or craftsmen. She noted she is always looking for more artisans for all three locations because they like to have extras in place to give opportunities to them in all three places.

A Borgata is open from 10 a.m. to 6 p.m. Monday through Saturday and from noon to 4 p.m. Sundays.

To become an artisan or for more information, contact ccaborgata@gmail.com, Facebook/A.Borgata1, www.aborgata.com or by phone at 719-458-1252.



Formerly the Marketplace Shops, a



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All Proceeds Benefit the Animals at TCRAS



the shop. This is a crew I am proud to have serve our customers," said Fry.

The Cup and Cone is an ice cream and coffee shop featuring Boulder brand organic ice Cool Beads beaded ice cream and ice cream cakes decorated on site by the staff sugar artists. They feature such classics as sundaes, banana splits, old fashioned ice cream sodas,

Adopt Me by Teller County Regional Animal Shelter

Evie

barista," he said.

These two young me

This beautiful two year old girl needs a home she can call her own. Evie is a blonde German Shepherd mix. She has been living in shelters since the first of April. She was a Texas gal who had a family of seven pups.

Evie has been receiving some great guidance from a training group called "Heroes Pack" (Heroes Pack trains service dogs for PTSD Vets) which she works with every Saturday. She also needs a family that can continue work-

ing with her on obedience and give her a lot of love she deserves. TCRAS has treated her for her heart worms she came with from Texas. So come on in and say HOWDY to Evie!

TCRAS is located at 308 Weaverville Road in Divide, CO 80814. Feel free to call 719-686-7707 for more information. Sign-up for the Paws in the Park 5k walk/run on August 27.



for more info and to REGISTER!

www.tcrascolorado.org

or call 719-686-7707

5th Annual



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Psychic on the Peak Listening to your higher self

by Tatianna Ramos

I am Tatianna Ramos, a new addition to this wonderful paper! I am a psychic intuitive who has been reading professionally for 15 years. I am quite excited to have this opportunity to teach and grow with you, sharing my knowledge and intuition. I will be writing about ideas, answering questions and giving exercises. Please, if you have questions or topics you wish to learn about, write to me here at the paper and I will gladly answer! Thank you for readership and input. Joy and peace to you.

How do we listen to our inner voice, or as many call it our Higher Self? The answer may be simpler than you would expect: Just ask yourself.

It may seem rather odd at first, talking to yourself. But truly, this is the best way for you to make a connection with your truth and Higher Self. Simply ask yourself and be honest. Everyone struggles with this, so don't worry too much. Take your time and be at ease. We talk to ourselves already; we check in to see if we are making good choices, if we believe what we think we believe, if our knowledge is fact, if we turned off the coffee pot.

Your comfort level is your truth detector. If you are honest with yourself when you question then when you answer it will be obvious that your answers are true, because you will feel a sense of peace.

Listening to your higher self is simply you having a conversation with yourself. Take the time to state your intent, concentrate on the answers you seek. Be honest with yourself and allow the information to come. This may not come easily to everyone; give it time, be patient, and practice.

The exercise I have given is a tool for you to use in order to become more aware of your inner voice. You may wonder how you will know it is your Higher Self and not just your fears or wishes. The Higher Self has knowledge without ego. When you receive information, if it feels true and there is no ego attached (there is no mediation between the physical and the mental), that is your Higher Self. Once you can differentiate between you in the physical and you beyond the physical, this will be an easy and enjoyable task.

Sit in a quiet and comfortable space where you can relax. Breathe steadily and close your eyes. Focus on your breath; taking air in through your nose and blowing out from your mouth. Continue this until you are relaxed. Now focus on a thought, idea, feeling, or question. Allow the answer or feeling to flow, to come without forced thought. If the answer gives you a deep feeling of truth, whether you like it or not, then you must trust that you have received true information. If you instantly feel it is false then it most likely is false. We do not like to be liars. Our minds do not allow us to tell ourselves falsehoods without a signal that it is untrue. Be patient and trust yourself. You hold the power to answer your own life questions and to control how you continue forward. Best of luck!

Should you be interested in a personal reading/session, feel free to come to Nature's Soul Purpose. Open 10 a.m. to 5 p.m. Monday through Saturday. Located at 2209 W. Colorado Avenue Colorado Springs, Colorado 80904. Or you can text to make an appointment at 719-694-4789.

7th Annual Religious Fine Art Show Opens at the Abbey in Cañon City

by Charlotte Burrous photo by Charlotte Burrous

Tt's been a tradition for the past seven years. This year will be the same when the Abbey opens its 7th Annual Religious Art Show, which will open Aug. 15 and run through Oct. 15, 2016.

The idea began with Patti Jo Wagner, who works at the Abbey, and has a real interest in art.

"She thought an art show would be a real asset. Since I've been here, we have just worked on growing," said Brenda McKay, marketing director. "We usually have 80 or more pieces on display.'

Artists may deliver their pieces for the show, which are hung for about two months.

"We have a People's Choice (award)," she said. "Everybody that comes through and looks at the art can vote for their favorite. We give the winner an award at a reception

Guests who go through the exhibition will be given a ballot to vote on which piece they like the best. The art piece with the most votes will win the People's Choice Award.

The artists can have their art for sale or not for sale, McKay added. One of the

In the past, there has been a variety of artwork, such as weavings, stained glass, wood carvings, watercolors, photography and any type of artwork one can think about.

"We usually sell 10 to 12 pieces a year," McKay said.

Those who would like to enter may do so until Aug. 10. Delivery of the artwork and a submission form may be taken to the Abbey Monastery Building at 2951 E. U.S. 50 in Cañon City. All mediums will be accepted. There also is a youth division for children ages 17 and under. Each child is limited to one art piece with a \$5 entry fee. Adults pay \$30 for up to three entries and \$3 for each additional entry. Each entry fee includes free admission for the artist to the Art Reception. The entry fee is non-refundable

Guests will be treated to the art exhibition during these two months. There are tours in the summer, a Haunted Ghost house in October, and several other activities throughout the year.

A former monastery, the Abbey is now a showcase for the area. Built around 120 years ago, the campus served as a boarding place for boys who attended high school on

Today, the Abbey offers an events center,



A cross stands on display at the 7th Annual Religious Art Show, which will run from Aug. 15 through Oct. 15. The show promises to be filled with a variety of media, including watercolors, statues, oil paintings and much more.

a wedding coordinator, a gift shop and offices for those working at the Abbey. One of the buildings on the former school grounds serves as a training academy for Department of Corrections and another building offers dorm rooms for students. A gym is available for the community to rent for various activities. The former house where the nuns lived is also available to rent. Businesses are located in other parts of the campus. The Winery at the Abbey is a separate business and is located on the same campus. In conjunction, the Abbey is listed on the National Register of Historical Places.

No admission fee will be charged for the show, which is open from 9 a.m. to 5 p.m. Monday through Friday and from 10 a.m. to 3 p.m. Saturday in the Abbey Monastery at 2951 U.S. 50. For more information, call McKay at 719-275-8631.

Guffey break-ins

photo by Flip Boettcher

There may be a break in the case of the L burglaries that have been happening in the Guffey area, mostly in the Cover Mountain subdivision on Lodge Road and in the Wagon Tongue area, between Florissant and Guffey, according to Sergeant Frank Conner with the Park County Sheriff's Office investigating the break-ins, at a recent Town Hall meeting at the Bull Moose Restaurant and Bar in Guffey.

Michael J. Toy has been arrested in connection with burglaries of storage units in Colorado Springs and in Fremont County. Toy is in the El Paso County jail stated Conner. Conner has filled out an arrest warrant for Toy so when he is released from El Paso County he can be transported to Park County for interrogation.

Toy, who lives in Woodland Park, and his brother are suspects in burglaries in the Lake George area stated Conner. Toy has a history of pawn shops he deals with to sell stolen items, added Conner.

About 35 people attended the meeting with Conner and Corporal Travis Threlkel, also of the Park County Sheriff's Office. This was the second update meeting in Guffey on the area break-ins.

Typically, the homes that are being broken into are mostly unoccupied, vacation homes, homes where people are away for a month or two at a time. These homes are usually not visible from the road. It is hard to know exact times the homes were burglarized, but it seems to be anytime, either day or night.

The items taken range from tools, flat screen televisions, computers, a washing machine, copper pipe, chainsaws, fuel, some just weird items and especially firearms, stated Threlkel. Almost all of the burglaries have involved firearms.

The burglars are coming back to this area because the pickings are so good, said Conner, and they will continue to do so until they are caught. Conner said there are people of interest living in this area and he and Threlkel are working as hard as they can to build a case against them.

Conner needs everyone to help. If you see something suspicious or out of the ordinary, call the sheriff's dispatch or 911. Do not engage any suspicious party yourself, Conner warned. Get a description or picture of the people and vehicles. Email any pictures to Conner. A license plate number is helpful, too. Currently, the Sheriff's Office is looking for a white pick-up truck with all terrain tires hauling a utility trailer.

Local resident Jim Sturgeon, previously in law enforcement and correctional institutions, said the best thing is we know each other and are looking out for each other. If you see something, report it. If you are going to be gone, tell your neighbor. If you have a gate, keep it locked.

It was suggested to be aware of strangers, workers, and construction people on your property. The workers may be fine; it is peo-



Sergeant Frank Conner on the left and Corporal Travis Threlkel on the right at the recent update on the break-ins in the Guffey area at the Bull Moose.

ple they might talk to or people who might overhear something said by them.

If you do get burglarized, the Sheriff's Office needs a comprehensive list of the stolen items. It is important to record all serial numbers from items you own as well as a description. One can also engrave their driver's license number or last four of your social security number on items. Pictures are also helpful. This must be done before one is burglarized, though.

All firearms must have make, model and serial numbers recorded as well as a description, said Threlkel, and keep all of your firearms locked up.

Conner clarified the Colorado "Make my day" law. Someone has to come into your home and you have to feel your life is in danger to use deadly force against the intruder. One can also hold the intruder at gun point until the sheriff arrives, if the intruder n inside the home.

If someone just comes onto your property you cannot give a threat of deadly force. One can give a verbal trespassing warning though. According to Threlkel, trespassing is hard to prosecute. The property has to be fenced with 'No Trespassing' signs posted every 50 feet and a verbal trespassing warning given. It was also noted that criminals know the

system; they know how to work it and how to use it to their advantage. Betty Cain, co-owner of the Freshwater Saloon, said that the Freshwater and the Bull Moose have 24/7 surveillance cameras set up around their areas.

There will be another meeting soon on the break-ins, but everyone needs to stay vigilant and report anything suspicious to the Sheriff's Office.

Call 911 for emergencies, 719-836-4121 for non-emergencies, email fconner@ parkco.us. Or contact one of the patrolling deputies direct if you see them. Threlkel patrols our area Wednesday through Saturday and Deputy Greg Kimsey patrols Sunday

Monte Trumbull exhibit at HRRMC

An exhibit of nature and landscape photographs by Monte Trumbull of Buena Vista is on display at Heart of the Rockies Regional Medical Cente through September 30,

"There is nothing like watching the sun rise or set on the most beautiful places Mother Nature has to offer," Trumbull said. He strives to create images that allow the viewer to feel as if they were there to share the moment with

Trumbull's career in photography began in 2006 when he and his wife, Tammy, relocated to Colorado from Iowa. He had worked in the technology field for 28 years, and they decided to make the move so that he could pursue his love of nature and photography.

Growing up, Trumbull spent most of his time outside, rarely without a fly rod in hand. He realized that his love for fishing was more about the connection with nature and started to carry his camera so that he could capture and share the beauty surround-

Trumbull is a self-proclaimed perfectionist who prefers to have complete control



the final printed image. He spends hours deciding where to shoot and finding the best angle, then processes the files on his computer to "convey the true feeling and atmosphere of the moment of capture." Trumbull also prints his own images, cuts his mattes

and even builds his frames. All works in the hospital exhibit are for sale, and 25 percent of the proceeds are donated to the HRRMC Foundation.

HRRMC is hosting four art exhibits this year, as part of its mission to create a healing environment. The hospital displays the work of regional artists, with an emphasis on the Arkansas Valley. For more information on exhibiting art at HRRMC, call 719-530-2217.



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The majority of Coloradans depend on the prairie and don't even know it. It's much more than a flat carpet of tumbleweed-infested dirt clods — it's an economic catalyst. Covering about 40 percent of the state, it impacts mountain towns and underlies the Mile-High City.

A prairie is an ecosystem or habitat. Here in Colorado it exists east of the Rocky Mountain foothills, on a rolling landscape that's part of North America's Great Plains.

However, Colorado's plains aren't like those of the Midwest's Corn Belt. They're a mile high because when the Rockies rose upward 70 million years ago they lifted the plains like canvas over a tent pole. Since then, the part of this landscape that underlies most Front Range cities has been dissected by rivers, creating a broad bowl-shaped valley littered with small hills. Called the "Piedmont," from Italian, meaning "at the foot of the mountain," this region differs from the flatter terrain to the east, known as the "High Plains" or "Eastern Plains."

The most direct economic impact of our prairie is on agriculture, a multi-billion dollar industry in eastern Colorado. By understanding how native prairie ecosystems succeeded, we've harnessed the soils and unique climate of the plains to grow corn, wheat, hay, and sugar beets, and to raise cattle, sheep, and poultry. Hemp is a recent addition.

The high elevation of these settings makes it challenging to live or to farm there, be-

Farming the prairie isn t straightforward, and many failed during the Dust Bowl of the 1930s, when a series of droughts, over-cultivation, and deep plowing caused massive erosion of the topsoil.

cause they're more susceptible to temperature extremes and to wind. If you've spent time here, you know what I'm talking about: Autumn wind, winter wind, spring wind, and of course, the summer winds. A recent drive to Hays, Kansas provides an example. On a rail-straight east-west-trending highway, I steered left for five hours heading east. and then steered right during my entire return trip. Wind scoffed at me the whole

Farming the prairie isn't straightforward, and many failed during the Dust Bowl of the 1930s, when a series of droughts, over-cultivation, and deep plowing caused massive erosion of the topsoil. Collapse of the region's agricultural community soon

followed. Many of these abandoned efforts were purchased by the government and consolidated into the Pawnee and Comanche National Grasslands, where short- and mid-grass prairie and its associated fauna are slowly returning to their natural state.

Fortunately, many of the prairie's physical and biological components are resilient, and biologists and conservationists are working to protect those that aren't. The prairie's anchoring fauna and flora have evolved to repatriate disturbed and new areas, so in some cases they can be successfully reintroduced to plains habitat. Witness the ongoing prairie rehabilitation of Colorado's most toxic cold war relics — the Rocky Mountain Arsenal and Rocky Flats.

Surprisingly, the prairie has a strong impact on mountain ecosystems. For example, the prairie is the breeding ground for miller moths. Plentiful supply of these nocturnal pals is pretty important — once hatched; they migrate from the prairie up to mountain meadows, where they pollinate vast numbers of wildflowers, providing a foundation for local food webs. Prairie-born moths are also a yummy and nutritious food source for all sorts of mountain beasts — from tiny bats to hulking bears. To learn more, see http://frontporchstapleton.com/article/moth-madness/

Mountains also affect the prairie, acting like the lead cyclists who break the wind for riders drafting behind them. In the case of the Rockies, eastward-moving moist air rises over the peaks, loses moisture, and flows past the Front Range and much of eastern Colorado without dumping much precipitation. This 'rain shadow' is what keeps the eastern half of Colorado so dry, even in winter.

The dearth of rainfall means our prairie has few tall grasses or trees. Instead it's dominated by short- and mid-height grasses. These grasses are drought-, cold-, heat-, and grazing-resistant, and can go dormant when conditions are unfavorable. They have amazing root systems to help them survive. In creek bottoms and lowlands where taller counterparts of these grasses lived, early settlers cut the grass' sod into bale-shaped blocks, using them to construct homes. The root structure of such sod is oodles stronger than that of the turf you see on fields and lawns today. You can visit one of these homes at Denver's Plains Conservation Center or at the Wheat Ridge Historical Society in Wheat Ridge, CO.

Today's prairie endures as tiny patches on the plains' quilt of agriculture, urban life, and invasive species. Its humble terrain houses an incredible diversity of plants. animals and scenic vistas. By carefully shepherding its resources and diversity, it can grow, be enjoyed, and support our future.

James Hagadorn, Ph.D., is a scientist at the Denver Museum of Nature & Science. Suggestions and comments welcome at jwhagadorn@dmns.org



~OUT AND ABOUT~

Check out these activities going on right here in this area. If you know of an activity we should include, please call us at 719-686-7393 or email us at utecountrynewspaper@gmail.com.

ALMA

Walk/Run. See page 14.

BUENA VISTA

7, 14, 21, 28 Cottonwood Hot Spring Lodge. Sunday evenings at 6 p.m., a Spiritual Networking Group meets a the Cottonwood Hot Springs Lodge in Buena Vista to discuss issues of common interest and participate in a group meditation with a positive outcome. There is no fee for the meeting and anyone with an interest is welcome to attend. For more information, call Cathy or Robin at 719-395-6434

will have a booth at Gold Rush Days The booth times are 9 a.m. to 5 p.m. Saturday and 10 a.m. to 4 p.m. Sun-Vista. We will be selling items made by human trafficking victims from the UCOUNT organization. Come by and see these wonderful and beautiful items from clothing, purses jewelry, cards and much more. You can check out their items on line at

CA ON CITY

12 Fremont County The Emergency Food Assistance Program distribution at First United Methodist Church, 80 Main Street, 1:30 p.m. until gone. Call Erlin Trikell 719-275-4191 X111 for

CAÑON CITY LIBRARY

- On-going events
 Monday B.O.O.K. (babies on our
- play for 0-24 months. • Tuesday, Thursday at 10:30 a.m. is story time and craft for 2 and up. Wednesday is music and motion (included)
- day at 3:15 p.m. to 4:15 p.m. program. Canon City Library is

COLORADO

7 Pikes Peak Posse of the Westerners presents Pikes Peak Posse of the Westerners 1st Annual Rendezvous at the Historic Chapel Evergreen Cemetery, 1005 S. Hancock Expressway, Colorado Springs, CO 80903 from 12:00 p.m.–3:00 p.m. Mix and mingle with fellow and like-minded history buffs from all over Colorado. Enjoy a catered Dickev's BBO luncheon in an outdoor setting with homemade des-

Water Lemonade! Why not make it a family event? Enjoy live music by Charlie Katz. 1880s troopers on horseback, Gary Ziegler's "Ballad of Sheriff Kelly," mini tours, prizes and activities for children. Please

and refreshing Manitou Mineral

are welcome! Membership in the is open to all individuals with an interest in Western history. This exciting event takes place rain or shine—no refunds. Cost: \$15 per person payable in advance. RSVP and pay no later than High Noon August 5 2016 via credit card

13 & 14 Gold Rush Days. BV HOPE day at the Mcphlemey Park in Buena

ucountcampaign.org. **29** FYI's Back to School Picnic. See

19 Fremont County Commodity Supplemental Food Program distribution. 3rd Fridays each month from 9 a.m. to noon at Loaves & Fishes, 241 Justice Center Rd. Call Traci Nelson for more information 719-275-0593.

- knees) is a story time and activity
- ing yoga) all ages of youth at 4 p.m.
 Lego club every 2nd and 4th Thurs-
- Different programs each Thursday at 11 a.m. through the summer reading ocated at 516 Macon Avenue, Call 719-269-9020 for more information

SPRINGS

Westerners, authors, local reenactors

bring a blanket or one folding chair per attendee. No pets please. Guests Pikes Peak Posse of the Westerners

online, by phone or in person. Even Phone: 719-473-0330, ask for Bob DeWitt. Event email: posse@dewit

13 WWII Pearl Harbor Sailor to be laid to rest at Evergreen Cemetery, August 13 at 10 a.m. The England family, Evergreen Cemetery, and the Evergreen Cemetery Benevolent Society cordiall nvite you to join us in honoring John Charles England, whose remains will be laid to rest after 75 years. JC England was stationed aboard the USS Oklahoma when Pearl Harbor was attacked. JC rescued three of his shipmates before he perished. His remains rested in an unmarked grave

in the National Cemetery in Hawaii for 75 years. Through the diligence of nis granddaughter, Bethany, and others involved in the long process of identi-

719-385-6251 for more information **COPPER**

fying those remains IC will finally be

Evergreen Cemetery. Refreshments

follow at the Evergreen Chapel. Call

and celebration of JC England to

aid to rest next to his parents buried at

MOUNTAIN 5-7 Copper Triangle 12 Colorado Ragnar Relay 12-14 Guitar Town 19-21 Genuine Jazz and Wine Festival 20 Craft Beer Relay 26-27 Cider Circus

CRIPPLE CREEK

Call guest services for more information 970-968-2318.

27 Lissa Hanner plays from 7 p.m. to 10 p.m. at Bronco Billy's.

BUTTE THEATER • Darling of the Donkey Derby runs

through August 27 • Pippin runs through August 27 For more information or to make reservations www.ButteTheater.com or 719-689-3247

CC&V MINE TOURS

through September 5 at 10 a.m. and 1 p.m., daily except no tours will be held on Thursdays. Reservations may be made online at VictorColorado.com (online gets priority) or by leaving a message at 719-689-4211 or 719-689-5509.

CC PARK & REC Special for Augus 2 National Night Out at the city park from 3 p.m. to 7 p.m. for food/fun/games

13 Pet Vaccination Clinic 11 a.m. to 3 p.m. at Park & Rec 13 Topaz Hunt trip 7 a.m. to 3 p.m 27 BMX Race 10 a.m. to 2 p.m. at the

On Going Classes:
• Aikido for Adults, Mon & Wed 6 p.m.

to 7 p.m., Tues 11 a.m. to noon, \$5. Archery Classes most Fri 5 p.m. to 6 p.m., and Sat 8 a.m. to 10 a.m. by Bible Study for Women Only, every

Wed 5 p.m. to 6:30 p.m. • English as a Second Language, Call Michael 719-689-3514 for Info • Judo, Tues & Thurs 5:30 p.m. to 7:30

• Kido 4 Kids, Mon & Wed 4:30 p.m. to 5:30 p.m. \$5. Silver Sneakers Exercise Classes, every Mon-Wed-Fri 10 a.m. to 11 p.m.

 Stretch Class for Women on Thurs 1 p.m. to 2:15 p.m. \$8 On Going Activities: Archery Indoor Open Shooting, most

Fri 6 p.m. to 8 p.m., Sat 10 a.m. to noon, call ahead \$2. Archery Outdoor Open Shooting, Daily Sun-up to Sun-down, \$5 per month.

• Roller Skating/Blading Fri and Sat 1 p.m. to 4 p.m. call ahead \$2. Silver Sneakers Fitness Membership is FREE for qualifying seniors! Silver Sneakers Exercise Classes ever

Mon-Wed-Fri 10 a.m. to 11 a.m. · Walk/Run with "5K at 10K Running Club" on Thurs. FREE T- Shirt For more information call 719-689-3514.

DIVIDE 6 Robin Hood's Dash-n-Dine 5K &

Pancake Breakfast at Sir Gerald Clark Hall, 269 Knighthood Lane. Divide, CO 80814 in Sherwood Forest, 5K starts at 8:30 a.m. Pancake Breakfast 9 a.m. to 11 a.m. Register online at www.sfiadivide org or in person at Mountain Naturals in Woodland Park, 790 Red Feather Lane. For more information please contact the race director at 6 Mountain Top Cycling Club will be

hosting their monthly club meeting at McGinty's in Divide. David Buttery, the Woodland Park City Manager, will be on hand to speak to the club about the importance of community involvement. Mountain Top Cycling Club is a non-profit organization. The meeting will start at 7 p.m. on the patio, door prizes will be given out at the close of the meeting at 8 p.m. Visit our website for more information www.moun-

intopcyclingclub.com. **8, 22** Little Chapel on the Hill Food Pantry Distribution 4:30 p.m. - 6:30 p.m. For more info 719-322-7610 or email littlechapelfoodpantry@ outlook.com.

13 Non-Credit Adult Education:Local Geology. We have amazing geology and some features are found nowhere else. Discover it all with former a U of MD Earth Sciences instructor in the Geology of Telle County course. Classes meet on Saturday mornings in the Mueller State Park Visitors' Center from 9 a.m. to noon, Aug 13 - Sept 17 (skip Labor Day weekend), plus a field

trip on Sept 24. Minimal walking

FAIRLPLAY

Splish, Splash, Buzz, a free program for children ages 4 and older with a parent on August 6th at 11 a.m. at Beaver Ponds Environmental Education Center This is going to be a great time for families with kids who are active, love the water, and learning about bugs," shares Program Director Kristin Barrett. 'We'll answer questions like: What kind of aquatic insect builds its own house from tiny pebbles? What does a baby dragon fly look like? What insect has a lightning fast, expandable jaw to capture its prey?" Parents and kids should pla to get wet while learning all about bugs and water and should bring water shoes taff will also be providing guided tours of the property on the hour between 10 a.m. and 3 p.m. Visitors can expect to learn about subalpine ecology, beavers, alpacas, llamas, goats, and chickens. They can also visit the greenhouse and learn how to keep a year-round garden, as well as learning about micro-fodder systems. In addition, visitors will learn about five types of renewable energy: wind, photo-voltaic, solar thermal, micro-hydro and in-ground, geothermal. They'll also learn ways to make forests healthier, fire mitigation treatments and will learn about the very-old Bristlecone pines in our area — some are nearly 2,000 years old! Most importantly, visitors will have the opportunity to get outside and hike on a beautiful, private piece of Park County. Go to www.beaverponds.org for more information. Can't make it? Beaver Ponds final summer visiting day is September 3rd from 10 a.m.to 3 p.m.

handicapped OK. Cost: \$80 covers course fees and park admission Call: 719-686-0488 for info and registration (Do NOT call Mueller State Park).

27 Super Saturday in Divide. See

Save the Date! The Inaugural Lost Dutchman 5K Trail Run/Walk to benefit the Divide Fire Protection District volunteers will be on September 25. Register online through Sept 1 and get a race shirt or regist

at the Divide Fire Department

Pancake Breakfast on Sept 4. Go to www.finishlinetiming.com/lostdutchman-5k for more information The Divide Planning Committee (DPC) invites you to sign up on the website below if you reside or work in the Divide Region of Teller County. The Divide Planning Committee is the voice of the Divide Regional Plan acting as a Review Agency for

the Teller County Planning Commission, Teller County Planning Department, and the Teller Count Board of County Commissioners. By signing up on this website you will receive notices for future

FAIRLPLAY

meetings. See the DividePlanning.

13 & 14 South Park Historical Museum will once again come to life during Living History Days, August 13th

in period clothing demonstrating and sharing stories. The museum located at 100 4th Street in Fairplay Call the museum at 719-836-2387 for more information 13 & 14, Fairplay Bead and Fiber Show.

FLORENCE

13 Art Walk. See page 13.

FLORISSANT FOSSIL BEDS Tabeguache Ute Indians Storytelling Presentation at 1 p.m. The Pikes Peak Historical Society and Florissant Fossil Beds National Monument invite you to celebrate the annual return of the Tabeguach Ute Indians to their ancestral land as they present a special program of Ute culture and storytelling by Kerry Cesspooch. This performance will take place in the amphitheater at 1 p.m. At the time of European contact, there were over 500 Nations of Native Americans. Virtuall all of them have migration stories of their arrival here, with the exception of the Ute Nation. Instead, they

August 2016 - UTE COUNTRY NEWS - Page 35

say that they were created on Pikes

Peak, and this creation story has

been carefully passed through the

rest of the story on page 4).

generations. (Read Pikes Peak: The

Central Colorado was once home t the Tabeguache Band of the Ute In-

dians. In 1881, the Tabeguache were

forced onto a reservation in Utah.

removing them from their ancestra

lands and their sacred mountain,

Pikes Peak (called "Tava", or Sun

in their language). "Tabeguache"

Tava, and it means 'People of Sur

cal Society recognizes that Pikes

Peak or Tava, is very sacred to the

Tabeguache Ute people and has

ing to Tava each year. For 15 years,

thern Ute/Tabeguache elder

Loya Colorow Arrum led this home

coming delegation. After she passed

Join park staff and members o

the Colorado Springs Astronomical

Society as we gather to explore the

25-28 Fee Free Days. All national park

units, including Florissant Fossil

25 NPS 100th Birthday! It's the birth-

day of the National Park Service.

Honored guest speaker, the legend

ary Theodore Roosevelt, will speak

val & Art Sale: Celebrate extraordi-

nary beauty as seen through the eyes

27-28 Plein Air Paint Your Park Festi

free from August 25 - 28.

at 3 n m followed by cake

& talent of local artists.

27-28 Kids Art Along: Gobs of great

hands-on art activities for kids,

clay play, and face painting! Yoga Hikes Every Monday 9 a.m.

including sidewalk chalk murals,

to 10:30 a.m. Join a certified yoga

yoga hike. This will be a hike inter

spersed with standing yoga poses. This program is geared for beginner

Wednesdays 10 a.m. to noon, Satur

days 9 a.m. to 11 a.m. Join a ranger

nediate yoga enthusiasts

instructor and a Park Ranger for

a 1 hour and 30 minutes, 1 mile

Beds National Monument, will be

away in 2014, her daughter Kerry

Cesspooch took over her duties

12 Night Sky Program 8 p.m. to 10

sored a Tabeguache homecom-

Mountain.' The Pikes Peak Histori-

s derived from the Ute word

Day in Como. Story on page 30.

Florence Pioneer Museum is open 1 p.m. to 4 p.m. Tues through Sat. Suggested admission/donation: \$3 for each adult, 12 and under free. See our website: www.florencepic neermuseum.org Located at 100 E

719-784-1904 for more information **FLORISSANT**

Front Street in Florence, CO. Call

and/or geologist to learn about how excavations are conducted at Florissant Fossil Beds. This is a demonstration site only and paleontologis and visitors will not be excavating Daily Ranger Guide Programs,

Meet at the visitor center.

Demonstration Excavation Site

every day through Labor Day: 10 a.m. Ranger Talk in Amphitheat • 11 a.m. Ranger Guided Walk on the Petrified Forest Loop, 1 mile

 1p.m. to 3 p.m., Fossil Learning Lab • 3 p.m. to 4 p.m., Tour of the Hornbek

Homestead Grounds FLORISSANT GRANGE

6 Western Music Association CO Show case. Come for an afternoon of Wes ern Music & Cowboy Poetry. WMA performers will be at the Florissant Grange Hall (the old school house) from 1 p.m. to 4 p.m. Admission: \$10 Free door prizes! Free refreshments!

continued on page 36

Mueller State Park Programs in August Ioin us in celebrating our 25th Anniversary!

Mueller State Park Has lots to offer in guided hikes, educational programs and guest speakers. This August, we have a special event-Mueller's 25th Anniversary! The celebration will be August 13th; a day full of fun and interesting activities for the whole family. Bring a picnic lunch and make a day of it. Special programs include the Air Force Academy Falconry Program, Native American dancers from Seven Falls, storyteller John Stansfield, old-fashioned games, cake, s'mores and more!

The public is invited to come to the Visitor Center to see the new History of Mueller video, playing daily in the auditorium.

Another unique program will be meteor watching party on August 12 at 3 a.m. The Perseid Meteor shower is supposed to be outstanding at 180 meteors per hour! Our August programs are below:

1 Stoner Mill Hike - 9:15 a.m.

1 Children's Tree Hike - 2 p.m. **2 Osborn homestead Hike -** 9:30 a.m.

4 Pond Safari - 1:30 p.m. 5 Nobel Cabin Hike - 10 a.m. 5 Preacher's Hollow Hike - ?? p.m.

5 Dressing for Success Outdoors - 7 p.m. 6 Rock Canvon Hike - 9:15 p.m. 6 Children's Program: Bear Facts - 1 p.m.

6 Wither the Weather - 8 p.m. 7 School Pond Hike - 2 p.m. 7 Nocturnal Animals - 8 p.m.

8 Rule Pond Hike - 9:15 a.m. 9 Elk Meadow Hike - 9:15 a.m.

10 Dynamite Cabin Hike - 3 p.m.

10 Star Party - 8:30 p.m. 11 Fly Fishing Basics - 10 a.m. 12 Skins and Skulls Touch Table - 1:30

p.m. to 3:30 p.m. 12 Perseids Meteor Shower Party - 3 a.m. to 5 a.m

13 The 25th Anniversary Celebration at the Visitor's Center - 10 a m to 3 n m Help us celebrate Mueller State Parks 25th Anniversary • 10 a.m. to 3 p.m. Touch tables

• 10 a.m. to 11 a.m. Old-Fashion Games • 11 a.m. to 11:30 a.m. Seven Falls Indian

Dancers

• 11:30 a.m. to 12:30 p.m. Guest Speakers/

• 12:30 p.m. to 1:30 p.m. US Air Force Falconry Program • 1:30 p.m. to 2:30 p.m. John Stansfield –

Storyteller • 2:30 p.m. to 3 p.m. S'mores 14 Buffalo Rock Hike - 2 p.m. 14 Bear Facts in the Amphitheater - 8 p.m.

15 Cahill Loop Hike - 9:15 a.m.

18 Full Moon Hike - 7:45 p.m.

15 Ute Tales - 2 p.m. **16 Archery for Beginners** - 10 a.m. 17 Osborn Homestead Hike - 9:15 a.m. 18 Pond Safari - 1:30 p.m.

19 Preacher's Hollow - 10 a.m. 19 Outlook Ridge Hike - 1:30 p.m. 19 Coyote Tales in the Amphitheater - 7 p.m. 20 Elk Meadow Hike - 2 p.m. 20 History of 200 Years on Mueller State

Park in the Amphitheater - 8 p.m. 21 School Pond Hike - 3 p.m.

21 Friends in the Night in the Amphitheater - 8

22 Discover Mountain Lions - 2 p.m. 22 Wolves in the Amphitheater - 7 p.m.

23 Touch Table Owls - 1:30 p.m. to 3 p.m. Have you ever wondered what an owl 24 Wapiti Trail Hike - 3 p.m.

24 The Harmonica Man in the Amphitheater - 7 p.m. 25 Homestead Hike - 9:15 a.m.

26 Deer and Elk (more or less) in the Amphitheater - 7:30 p.m. 27 Cahill Loop Hike - 10 a.m.

27 Archery for Beginners - 2 p.m.

27 Changing Seasons, Changing Aspens in the Amphitheater - 7:30 p.m. **28** Children's Program Butterflies - 2 p.m.

28 Horns All Around in the Amphitheater -7:30 p.m. 29 Geer Pond Hike - 9:15 a.m.

29 Children's Program Ute Tales - 2 p.m. 30 Fly Fishing Basics: Meet at Dragonfly Pond at 10 a.m. Learn the difference between fly fishing and spin casting, and give it a try!

Mueller events are free; however, a seven dollar daily pass or \$70 annual vehicle park pass is required to enter the park. For more information, including descriptions of the events and where to meet, call the park at *719-687-2366*.



Horse and camp at Mueller

Mueller State Park has a brand new adventure awaiting horse-back riders! Equestrians can now camp at the park with their horses and get up bright and early to ride the trails. With expanded trails this year, Mueller offers over 30 miles of trails through rolling meadows, forested canyons and the mountain beauty that is Mueller State Park!

Whether you plan to come for the day, or spend the night, your journey begins at the Livery where there's room for numerous trucks and trailers to park and unload. Water is available and the horse trails begin from there. Adjacent to the Livery are the equestrian campsites. These two campsites offer electricity, a tent pad and RV space, a 12 x 24 corral for each site and round pen use. You can enjoy the peace, quiet and beautiful view of Pike's Peak, tucked in and

away from the main campground. Equestrian campsites can be reserved by calling 1-800-678-2267. You can see the availability online, but they must be reserved by phone. Please bring your own weed free feed, water buckets (hydrant available) and tools for clean-up. Please call the park for more information 719-687-2366.

~OUT AND ABOUT~

continued from page 35

For more info please call 719-718-5004 and leave a message. On-going classes: Pine Needle Basket making classes Group or individual classes are now offered by reservation only

appointment. Groups are limited to 0 people. The cost of the class is \$10 per person. · Let's Paint! Painting classes are by reservation only and can have from 3 to 10 people. Supplies, snacks, erages, and instructor are provide

Call 719-748-5004 to make your

ed. Cost is \$30 per person. Call to eserve your space 719-748-5004. • New Alanon Meeting every Wednesday from 1:30 p.m. to 2:30

119-466-0431 · Jam Night. Every Thursday all year the Grange Hall is open from 6 p.m. to 9 p.m. for the Jammers Music and Pot Luck.

FLORISSANT LIBRARY

"Cook the Book: Salads" noon 5 A free legal clinic for parties who have no attorney, will be featured om 3:30 p.m. to 5 p.m. on the FIRST FRIDAY of each month at your Florissant Public Library in Florissant. By computer link, volur teer attorneys will answer questions help fill out forms, and explain the process and procedure for all areas of civil litigation, including family law, property law, probate law. collections, appeals, landlord-tenan law, small claims, veterans issues, and civil protection orders. Please

preregister by calling 719-748-3939 for Florissant. Next clinic is 7 The Vendetta of Felipe Espinosa. As the Civil War raged and goldfields beckoned, a gunman stalked the mountains of central Colorado on a divine mission to kill American settlers. He would elude governors and armies, bounty hunters and pos ses, until his demise at the climax o a fierce high-country manhunt. By then, Felipe Espinosa had claimed more than 30 lives to quietly become one of the nation's first serial killers and foreign terrorists. The Pikes Peak Historical Society in vites you to join author Adam James Jones on August 7th as he speaks about Felipe Espinosa. Jones' debut novel, The Vendetta of Felipe Espinosa, is a sweeping historical epic and a saga of Confederate guerillas, marauding Indians, a severe religious order, vigilante mi and one migrant family looking for peace in a violent country. Adam ames Jones grew up in South Park, Colorado. Adam is the recipient of the 2012 Homestead Foundation Fellowship from the Westerr Writers of America. His work has appeared in numerous publications including Southwestern American Literature, Wild West, and Darker Times (UK). The Pikes Peak Historical Society invites you to learn more about Felipe Espinosa and the terror he unleashed on the Colorado high country on Sunday, August th, at their monthly Chautauqua at 2 p.m. This program is presented as a public service of the Pikes Peak storical Society. Admission is free and refreshments are served. No reservation is required but seating is 719-748-8259 or 719-748-3861

10 Adult Coloring Group 10:30 a.m. 17 BookWorms Book Club "The Boys in the Boat" by Daniel Brown at 10:30 a.m. The Library is located adjacent to the Florissant Comnunity Park on 334 Circle Drive in

Pikes Peak Historical Society Museum is open Friday, Saturday and Monday from 10 a.m. to 4 p.m., and on Sunday from 1 p.m. to 4 p.m. For more information, call

THUNDERBIRD INN 5 Dick Cunico and 21 Over 3 19 Hang Rounders Band, High Plain Honkey, and Bib Tucker & the

20 Beach Party with Stompin' George and Dallas Alley 27 Byrd & Street Every Thursday night is open mic jam

GUFFEY

at 7 p.m.

BULL MOOSE RESTAURANT & BAR 7 Forever Wild Band 2 p.m. to 5 p.m. 13 Annual Summer Music Jam Noon

20 Super Chuck, Stompin George, & John 5 p.m. to 8 p.m. 21 Music & Karaoke Celebration honoring the Annual Veterans Rally 1 p.m. to 4 p.m. 25 Rebecca Folsom in Guffey 6 p.m.

to 9 p.m. 27 Mike Nelson 7 p.m. to 10 p.m. 28 Greg Brazill 1 p.m. to 4 p.m. Karaoke with JoAnn every Friday at 7 p.m. For more information check our website www. thebullmo guffey.com or call 719-689-4199

FRESHWATER BAR & GRILL AUGUST CALENDAR 6 River City Blues at 2 p.m. 13 Lissa Hanner noon to 3 p.m.

Clanni's 4-7 p.m. 20 & 21 Music Jam Weekend: Freshwater Bar & Grill's One Year Anniversary Celebration. Come Celebrate with us - Saturday Adam Ashley & Joe Bellavia, country due 2 p.m. to 5 p.m. Sunday Cari Dell o 2 p.m. to 5 p.m. 27 Mule Train Express 2 p.m. to 5 p.m. Save the date: Labor Day Weekend

Entertainment Sept 3,4, & 5.

HARTSEL 6 & 7 Hartsel Days. This year we're adding an inflatable BB gun shooting gallery for the kids, sponsored by the Vational Wildlife Turkey Federation

There will be face painting, lots rmation 719-539-3351. of children's games and "Magic Mountain" loaded with "gems" and real money. Beside tempting food offerings, we'll have an open mike for those should be on "The Voice a live auction, a raffle, bingo, Cow Plop bingo, dancing, local authors speaking, rubber duck races, bed races, and lots of crafts. The Cobra Car Club will again be in Sunday's parade. Also on Sunday, there will be the Fire Department's battle of the fire hoses, the best free pancake breakfast and Cowboy Church, Join us for a great weekend. For more nformation contact HartselDays@

JEFFERSON

gmail.com or 719-837-3033.

27 We are presently taking orders for Palisade peaches to be delivered to the Jefferson Community building on Saturday, August 27th from 10 a.m. to 2 p.m. The peaches sell for \$25 for 10 pounds or \$38 for 18 pounds. They are produced by C&R Farms near Palisade, Colorado, For ordering: please pick up an order blank at the Jefferson Market. Pon Expresso Coffee Shop, Post Office or Jefferson Real Estate office. Or call the following board members

Helen Baker 719-836-0173, Pam North 719-836-0477 or Carol Smusz 719-836-1430. All proceeds penefit the operation and mainte-

nance of the historic buildings SAVE the DATE: September 2nd will be the Labor Day breakfast at the Jefferson Community Building from 7 a.m. to 11 a.m. Prices are: \$7 for adults and \$5 for children 6-12. All proceeds benefit the operation and

LAKE GEORGE 3, 10, 17, 24, 31 Lake George Library

Story Times each Wednesday from 1:30 p.m. to 2 p.m. 19, 20, 21 The 17th Annual Lake George Gem and Mineral Show Vendors iewelry booths food and more from 9 a.m. to 5 p.m. Admis-

sion free. Next to the Lake George Post Office, Meet Richard Fretterd from "Prospectors". Contact Rebecca 719-330-8123 20 Lake George fire Department Spaghetti Dinner at 4:30 p.m. at the

Lake George Fire Station. 20 & 21 lake George Extravaganza: Craft fair/flea market and library used book sale. Food and drink available. Lake George Communit Park. Booth space \$5. Contact Kim 719-748-3949.

20 & 21 Arkansas Valley Flywheelers Antique Tractor Pull. Lake George Community Park. Contact Ed 719-

OLD **COLORADO CITY**

14 Founder's Day from 1 p.m. to 3 p.n Free birthday party featuring Colorado Frontier Army Band, costumes 19th century instruments, Anthony Bott presentation by historian Dave Hughes, and Birthday cake to celebrate Colorado City's Founding in 1859. Old Colorado City Histor Center, 1 South 24th St., Colorado Springs, CO 80904.

SALIDA

4 Chaffee County The Emergency Food Assistance Program & Commodity Supplemental Food Program distributions first Thursday of each month at Salida Community Cente 305 F Street, from 9:30 a.m. until 2 p.m. Call Elaine Allemang for more

4 Free Legal Clinic at Salida Regional Library from 3:30 p.m. to 5 p.m. A free legal clinic for parties who have no attorney, will be featured from 3:30 p.m. to 5 p.m. on the first Thursday of each month at your Salida Regional Library. By computer link, volunteer attorneys will answer questions, help fill out forms, and explain the process and procedure for all areas of civil litigation, including family law. property law, probate law, collec tions, appeals, landlord-tenant law, small claims, veterans issues, and civil protection orders. Walk-ins welcome! Next clinic September 1

WOODLAND PARK

New Moms' Group. Join us for this fun and educational gathering of new parents on the first Tuesday of every month. We will discuss topics such as infant sleep, infant feeding oostpartum adjustment or physica development and have lots of time for socializing and meeting other parents. This group is provided free of charge and is open to all parents of babies under age 1. Held at The Yoga 1A, Woodland Park. For more info,

midwiferyco@gmail.com or visit www.CommunityMidwiferyCO.com 3-31 Woodland Country Lodge Enter-

tainment Schedule. Ad on page 14 5 Free Legal Clinic. A free legal clinic parties who have no attorney, will be featured from 3:30 n m to 5 p.m. on the FIRST FRIDAY of each month at your Woodland Park Library. By computer link, volunteer attorneys will answer questions, help fill out forms, and explain the process and procedure for all areas of civil litigation, including family law, property law, probate law, collections, appeals, landlord-tenant law, small claims, veterans issues, and civil protection orders. Please preregister by calling 719-687-9281 ext.103 for Woodland Park. Next clinic is September 2.

5, 12, 19, 26 Farmer's Market from 7 a.m. to 1 p.m. Over 80 vendors will be providing Colorado grown vegetables, fruits, plants, and a variety of other products. In addition, you can purchase a wide assortment of baked goods, cheese, pastas, olive oils and personal care products. Vendors accept cash, Market Bucks & SNAP dollars (use your Debit or SNAP card for these at the Market Managers Booth), and some accept credit/debit cards. Email: info@ pfarmersmarket.com or call 719-689-3133 or web http://WPFarmers-

Market.com 6 & 7 The Mountain Artists is holding the 31st Annual Mountain Arts Festival outside at the Ute Pass Cultural Center. This is a juried "arts and crafts" festival. The Ute Pass Historical Society will have their food booth. A brat, hamburge or cheeseburger plate costs \$6. A hot dog plate is \$5. Plates include your choice of chips and a drink. For more information contact the Woodland Park Chamber of Commerce, or by calling 719-687-8298 or emailing sdernbach@frii.com

13 Mountain Top Cycling Club will be hosting the 2nd Annual Aspen Valley Mountain Bike Race Sponsored by Ute Pass Family Chiropractic. This nountain bike race will offer free lunch and free beer with registration Fat Tire, Single Speed, Junior's, category 3, 2 and Pro's all welcome. Pro category winners will receive prize money for 1st, 2nd and 3rd place. A one day license fee of \$10 will be needed if not a current mem ber of USA Cycling. This is a USA Cycling sanctioned event. Serrano's will be on hand to provide lunch free to registered riders and for a \$5 fee to anyone else that would like to purchase a lunch. We are planning live music from 10 a.m. till 2 p.m This event is open to the public. If you would like to volunteer contact

Debbie 719-689-3435. 15 Diabetes Support Group meets the third Monday of every month from 10 a.m. to 11 a.m. at Pikes Peak Regional Hospital. Open to all persons with diabetes and their

family members. Call 719-686-5802 for more information. 18 7th Annual Woodland Park Rock, Gem & Jewelry Show. Ad on

page 16 20 Senior Center Pancake Breakfast at the Woodland Park Senior Center, Saturday, August 20, 8 a.m. to 11 a.m. A fresh cooked, all you can eat, breakfast of fluffy pancakes, scrambled eggs, sausage, the best biscuits and gravy around, and melon is guaranteed to get your Saturday off to a great start! Your home town seniors cook and serve it up with juice and coffee or hot tea for only \$8. Kids

6 and under eat for \$2. This open to the public fundraising event helps to support the programs and activities

of the Woodland Park Senior Cente

We appreciated the support of each

plan to join us on the 3rd Saturday

but there is a lot of trail to create, so

we need a very strong turnout both

days if we are going to get it done

this season. Please sign up to help

work on Saturday 9/17 by clicking

on https://www.cmc.org/Calendar/

EventDetails.aspx?ID=32744.

DINOSAUR RESOURCE CENTER

6 & 7 Critter Rescue Roundup 9 a.m. to

4 p.m., and Sun., 10 a.m. to 3 p.m.

This outdoor event has been grow-

rescue and support groups including

everyone's favorite. Standing Bear

founder of The Thelma and Flash

Hedgehog Rescue. See some live

good food. Four free admissions to

the museum if you adopt an animal

(must be used at a later date). Check

wolves up close and enjoy some

our website for updated details.

Learning Center 11 a.m. to 3 p.m

Come and see the "Night Sky" i

our Portable Planetarium. Kids

and adults can enjoy a live show

centered on the stars and celestial

backyard! Learn about the legends

behind the constellations and know

beyond our galaxy. All planetarium

shows are presented by a trained

Challenger Colorado educator.

Dinosaur Resource Center, 201 S

Fairview St., Woodland Park, CO

Website: http://www.rmdrc.com

Sign-up sheets for all activities are at

a lunch and water bottle. 9 a.m. to

3 p.m. Meet at the Teen Center at

2 National Night Out-Ute Pass Cultural

Center 5:30 p.m. to 8:30 p.m. This

is a positive Police event for com-

the Police and First Responders!

4 Mountain Biking with Ms. Vergenz

9 Odyssey Curiosity with Miss Wiley

You'll be making catapults! Meet

at the Teen Center at 12:30 p.m.

to catch a ride to Meadow Wood

You'll arrive back at the Teen

10 Adopt-A-Spot: Clean Up Around

1 p.m. Pack a lunch \$2.

at Aspen Valley Ranch! Look for

details at the Teen Center 10 a.m. to

munity and family engagement with

2 Professionally guided hike with

TEEN CENTER

the teen center!

8:45 a.m. \$2.

in our solar system, and explore

20 Night Sky with the Challenger

ing each year with many animal

trail-building 8/27, or restoration

each month of the year.

23 First day of school

one of you! Mark your calendars and

ties added on. Come find out what they are! 4 p.m. to 5 p.m. 12 Art Project at the Senior Center Stencil/Grafitti Art project to learn from Angie, an art teacher only \$2

20 & 21 Harvest Center. The Harvest Center would like to invite you to come out for our Garden and Greenhouse Tour on August 20th and 21st from 11 a.m. to 3 p.m. This is an informal tour where you choose FB page for details! which gardens you would like to visit. Come share your experiences and maybe learn some tips you can use at

night to 8 a.m. Sunday morning. your home garden. Go to wpharvestcenter.org for more information and 15 Redbox/Netflix Movie 3 p.m. directions to the gardens or call 719-748-5225 for more information. \$2 from 1 p.m. to 4 p.m.

18 Celebrate the End of Summer with a 27 Lovell Gulch Trail. You finished the wall and turning platform on Lovell fun outing to the Catamount Center

Gulch Trail near Woodland Park last \$2 from 1 p.m. to 5 p.m. month: this is really amazing work! This month and next, we'd like to build another section, closer to the 26 TAB Meeting. If you're on the trailhead. This will not be as difboard, plan on attending from 4 cult — no turns, no rock work —

> have fun! Dinner, movie, games, etc. from 6 p.m. to 8 p.m. You MUST SIGN UP! At the Teen Center we have lots going on every month. Besides what's on

above, we have our Elevate Café offerings, movies, board games, card games, puzzles, Xbox 360 and PS4 game consoles, a pool table and a ping pong table! We are a safe, supervised place for teens to come and spend the

After school hours: 3 p.m. to 6 p.m No school hours: noon to 6 p.m. Youth in Grades 6-12 are welcome Ave. Call 719-687-3291 for more

UTE PASS CULTURAL CENTER 13 The 12th Annual Woodland Music Series "on the green" featuring Swing Factory at 11 a.m. and Dot

UTE PASS HISTORICAL SOCIETY The Ute Pass Historical Society and objects that they see from their own Pikes Peak Museum offers free eptember 17th . The walking tour who to identify them. Locate planets ites. The walking tour meets at the tour will include local flora and History Park from 11 a.m. until 1 For more information, please call Park is located at 231 E. Henrietta Guides-to-Go to Dome Rock! Bring Avenue, next to the Woodland Park

6, 13, 20, 27, Sept. 3 Explore Gold Rush history via the Victor Downtown Historic Walking Tours with Alicia Petri every Saturday through September 3. Tickets are \$5 and avail able at the Victor Lowell Thomas Museum, or call 719-689-5509 or minetours@VictorColorado.com. 27 Ute Trail Muzzle Loaders: shoot and meetings the last Saturday of each month at Victor. For information

Memorial Park and Recycling at

11 Book Club with fun summer activi-

from 1 p.m. to 3 p.m. 12 Movie Above the Clouds: Activities and food available 1.5 hours before movie starts at 8:25 p.m. Check out

the Woodland Park Roots Project 13 through 14 Lock-In at the Teer Center from 8 p.m. on Saturday

MUST SIGN UP. Space is limited 16 Hike around Aspen Valley Ranch with Dee from Guides-to-Go only

23 First Day of School. We return to our school hours of 3 p.m. to 6 p.m.

p.m. to 5 p.m. 26 Guys Night Out. Come hang out and

Teen Center is located at 220 W. South

sero at 12:30 p.m. This event is free.

guided tours every Saturday through of historic downtown Woodland Park begins at 10 a.m. and takes about 90 the Museum Center in History Park 231 E. Henrietta Avenue. This year fauna. Tour the historic buildings of p.m. All tours are weather permitting 719.686.7512, or check the website UtePassHistoricalSociety.org History Public Library. Call the Ute Pass Historical Society at 719-686-7512 for further information.

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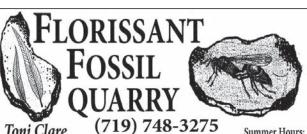
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Proposals must be submitted by the The City of Cripple Creek is stated deadline August 24, 2016 – ccepting proposals from quali-12PM MST ied contractors for resurfacing triping the basketball court and Method of Submission nstallation of basketball goals Submit bid proposals by mail or ocated at City Park. The work is person to

<u>Site Visit</u>

It is suggested that all interested parties request a site visit prior to bidding. If desired, call City of Cripple Creek Parks and Recreation Department at 719-689 -3514 for a site visit. If is required that the successful bidder conduct a site visit with Parks and Recreation personnel City reserves the right to accept, reject any prior to construction.

proposals and waive any informalities.

Subject Line: "Cripple Creek Parks and Recreation Basketball Court Renovation roject -2016 RFP Question". All guestions must be received no later than 2:00 pm Thursday, August 18, 2016. Questions and answers will be kept on file relating to

City of Cripple Creek

128 E. Bennett Ave

Recreation

P.O. Box 430

Attn: Director of Parks and

Cripple Creek, CO 80813

eled: "City of Cripple Creek - City Pa

nsidered by the City of Cripple Creek. The

Basketball Court Renovation Project." All

proposals shall be firm offers, and will so be



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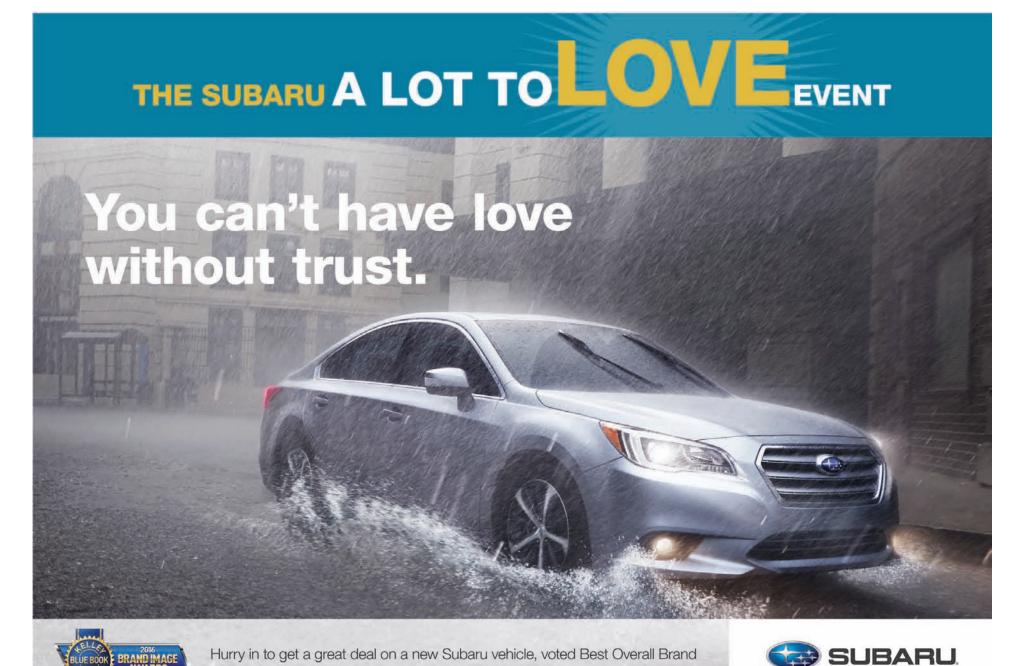


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